

Sandgate Canoe Club

Newsletter

April 2016



*Under tow by Richard
Brisbane to Gladstone Yacht Race Start*

From the Presidents Deck Chair

March 2016

Hi fellow paddlers,

It was fabulous to see so many of you at the General Meeting on Saturday 5 March. As promised at that meeting we have been on the hunt for two sea kayaks to add to the fleet. Great news - we have purchased two Challenge Sequels! A few of our experienced sea kayakers tried these out and are thinking they will be good kayaks to assist our newer paddlers in transitioning to sea paddles. We also think they will work well to take on the camps.

As you will read in the following pages, the gorgeous weather over this last month has enabled all of our paddlers to get in some serious paddling. Taking the award this month though for super serious paddling is Armand le Roux. Armand has really been training hard to represent us at the Australian Canoeing Marathon Nationals over Easter at Varsity lakes. See the Racing Report for more.

The Wetlands Wander is now only 2 months away on 22nd May I need your help in getting sponsorship please. While I have reached out to many local businesses the response has been low. If you know of anyone who may be able to support the club we are keen for any items for our 'lucky number table'. Our sponsors will all be listed on our webpage and recognised on the day.

See you on the water,

Chris



Get On Board for the Wetlands Wander 2016

Wow! Whoa, Whoopee and Wooohooo! Our Wetlands Wander Workers (WWW's) are already diligently toiling away at mission control to plan our Club's premier racing event, which will be held on Sunday 22nd May 2016.

Last year the Wetlands Wander attracted over 130 competitors. On race day, the Cabbage Tree creek foreshore is often packed with spectators from the local community and paddling groupies from everywhere. As anyone who has been involved will attest, it is a wonderful opportunity to showcase our club and our sport.

Needless to say, getting the whole lot off the ground requires uber-organization and plenty of helping hands. And this time, the WWW's have some big shoes to fill as Commanders-In-Chief Sue Gollagher and Lawrie Fagan vacate the controls they have so ably manned for many years.

Can you help on the day? We rely on the kind efforts of volunteers who assist with a range of tasks relating to:

- catering,
- registration,
- safety and race supervision,
- setup/cleanup
- judging,
- results recording



So please keep the date free if you can, and stay tuned for more information as it becomes available in the coming weeks.

Michelle Fraser

Welcome

Welcome to the Sandgate Canoe Club April newsletter.

As always thanks are due to the many people who make this newsletter possible.

Take Care

Andrew Contoleon

Newsletter Editor

Purchase of two Challenge Sequels Seakayaks

The Club has purchased two Challenge Sequel sea kayaks. Challenge kayaks brought a Sequel up to Yundah Street launch for inspection. Cheryl Christensen, Graham Moorehead and myself viewed and test paddled the Challenge Sequel kayak. All of us thought the Sequel fitted the criteria for club use.

- It will give good use as an intermediate sea kayak for recently graduated Basic Skills paddlers who wish to experience some short, supervised Bay paddles.
- It will fit a variety of paddler sizes and the foot pedal / bracing is easily adjusted to suit leg length.
- It handles well, with a good rudder deployment system.
- It is well made and light.
- It is a new kayak with warranty.

Sequel Specifications:

Length - 4930mm / Beam - 580mm / Weight 26kg / Cockpit Length 790mm - Width 425mm

Ian

Safety and Rescue Practice Day Saturday the 9th April

The next Safety and Rescue Practice (SARP) day is on Saturday the 9th April. This will be the last chance before the water gets too cold to practice all the skills that we have been learning. We have a fun packed program scheduled, there may even be prizes!

These days are a great opportunity for **all** paddlers; experienced and *newbies* to have some fun on and in the water and a great way to get to know other paddlers, learn how to rescue yourself and your paddling companions and gain more confidence when on the water. It is also a club requirement that all bay and creek paddlers attend one SARP day a year.

If you have any questions or concerns about the day please contact one of the co-ordinators. We will be asking you to register shortly.

Co-ordinators:

Kaye Watson mobile: 0438088078 email: kayewatson1@optusnet.com.au

Gary Utz mobile: 0423872060 email: garyutz@y7mail.com



Safety Rescue training Day February - Photos from Facebook

Awards presented at General Meeting 5th March 2016

The General Meeting provided an opportunity to complete the Club Awards for 2015 which were unable to be presented at the Club's Christmas Party. The Award presentation included:

Diamond Award. Kaye Watson was presented with the Club's most prestigious award. The Award acknowledged Kaye's commitment and contribution to the Club over many years as a former member and office holder on the Management Committee, former Editor of the Newsletter, as a long-standing trip leader (sea kayaking) and coordinator with Gary of the Safety and Rescue Practise (SARP) Days.

Best Paddler-Racing Award was presented to Paul Lange. The Award acknowledged that Paul had a successful year of competition and recognised that his commitment and dedication to training along with his support to other members of the Club's racing group was outstanding.

Most Improved Paddler-Racing Award was presented to Armand le Roux. The Award acknowledged the commitment, enthusiasm and work that Armand had put into his paddling and performance in competition.

Special Passing-Over Awards (Paddling the Spring Tides of January/February, 2016 allowing paddlers to 'pass-over' from Nundah Creek to Nudgee Creek and return triumphant without disembarking and/or causing damage to the environment). Passing-Over Awards were presented to: Richard Womack and Andrew Contoleon for their intrepid effort and successful creek passing-over attempt.

[Thanks to Ruth Hatcher for initiating the Passing-Over Awards]

Michael



*Best Paddler of the Year
Paul Lange*



*Diamond Award
Kaye Watson*



*Most Improved Paddler of the year
Armand le Roux*



*Passing Over Nundah Creek
to Nudgee Creek
Richard Womack*



*Passing Over Nundah Creek to
Nudgee Creek
Andrew Contoleon*

Racing News

Racing Report

Shorter days brought the King Billy race series to an end on the 3rd of March. Twelve competitors lined up for the final race. Amongst these, 3 were in with a chance. As I predicted the smart money was on Michelle Fraser. It was a closely contested event with Michelle, Neville, and Greg, neck and neck on 13 points. The tide was high and there was potential for a count back finish, with the race being won by spilt seconds.



Round buoy to finish King Billy 3 December 2015

Greg missed out on a personal best (PB), and a potentially winning point, by only 2 seconds. Neville forgot to eat his Wheaties, languishing more than 20 seconds behind his best time. So Michelle had it in the bag when she smashed her 'personal best' by 20 seconds! She won the series with an impressive 4 PBs, and an overall point score of 14; marking the beginning of what I'm sure will be an impressive racing career.

The only other person to achieve as many PBs was Lachlan. Unfortunately consistency wasn't his friend. Missing 4 of the races meant he was never in the money. (We will be keeping an eye on him next year!). Gavin Cook took out the fastest time point score for the series...

While the King Billy twilight series has ended, the Northern Marathon Series, the Chris Hurely Cup and the Qld Marathon Series are just getting started. And I must say Michelle has already had a great result here.

On the 21st of February at the Tingalpa Trot she was the engine in the back of a TK2 with me. This was the first race of the Chris Hurley Cup/ Qld Marathon Series. After a tricky start we picked our way through the large and challenging field, and were only narrowly beaten by a couple of powerful male crews. Nevertheless we were good enough to take home the spot prize for 3rd place overall for TK2 and 1st place for Women's TK2. It was an exciting race and our winnings covered the entry fees and petrol too.

As usual Sandgate club had an impressive showing in the large field, with many of us achieving a podium finish. Chris Gissing and Tina Effenev took 1st and 3rd respectively in their K1 classes.



Australian National Marathon 26 March

Paul Lange, Armand and Lachlan navigated the competitive K1 Men's Vet race, Gavin Cook took out the Mature Vet Ski race, Matthew and Cameron Mason were a successful father and son duo in a TK2, Greg Litherland and Andrew Collins and Colleen Hobdell and Rob Litherland took 3rd in Mature Vet TK2 Men's and Mixed Doubles respectively.

On the 13th of March Varsity Lakes Race 1 was the preparation race for the National Marathon Championships, and another great day for Sandgate competitors. Matthew Masson (TK1), Colleen Hobdell and Rob Litherland (TK2), Paul Lange and Melissa Bull (K2) and Tina Effenev (K1) all took 1st place in their class. Greg Litherland and Armand Le Roux brought home points for Sandgate too.



*Australian National Marathon Turn 3— with Armand Le Roux
Photos from Facebook*

Queensland was the host for this year's Australian National Marathon Championships, which was held over the Easter weekend (26th-27th March) at Coomera Lake on the Gold Coast. This was a well organised event attracting a fantastic roll up of more than 220 paddlers, who travelled from all over Australia. Many of our friends from clubs up and down the Coast lined up to compete.

Armand (the Nut) Le Roux represented Sandgate navigating the 22.5km singles race with 5 portages, on a very difficult course. He got off to an excellent start and raced well to survive in a very tough field.

For everyone else training has gone back to 5.30am in the morning, and we are looking forward to the next race in the Northern Marathon Series in Bonville National Park near Coffs Harbour on April the 10th. This terrific event is held in a spectacular location, and the road trip down there is lots of fun too. Of course preparations for our Wetlands Wander race continue. This is one of the best races on the Marathon calendar – come along and help us to keep it that way!

Melissa

King Billy Cup

The Final results for the King Billy Cup are in the table below. Provided by Lawrie Fagan

Dates	8 10	5 11	19 11	3 12	17 12	7 1	21 1	4 2	18 2	3 3		8/10/15 to 3/3/16				
Name	H1	H2	H3	H4	H5	H6	H7	H8	H9	H10	First Pl. Pts.	Est PBTime	New PB Time	Total PB Pts	Total Pts	Craft
Peter K	1pt	1pt	0	0	0	0	0	0	0	0	1	35:14		1	4	SUP
Bevan F.Time.x1	1pt	0	0	0	0	0	0	0	0	0		25:57			1	O/Ski
Bevan F.Time.x1	0	1pt	1pt	1pt	0	1pt	1pt	1pt	1pt	1pt		25:27		3	11	K1
Tim	1pt	1pt	0	1pt	0	0	0	0	0	0		29:56		1	4	TK1
Tim	0	0	0	0	0	0	1pt	0	0	0		28:49			1	K1
Nev	1pt	1pt	1pt	1pt	1pt	1pt	1pt	1pt	1pt	1pt		31:22		3	13	TK1
Simon	1pt	0	0	0	0	0	0	0	0	0		39:24			1	SUP
Melissa	1pt	1pt	1pt	1pt	0	1pt	1pt	0	1pt	0		28:13		2	9	K1
Armand	1pt	0	0	0	0	0	0	0	0	0		28:06			1	O/Ski
Armand	0	1pt	1pt	1pt	1pt	0	0	0	1pt	1pt	1	26:56	26:24	3	10	K1
Adrian	1pt	0	0	1pt	0	0	0	1pt	0	1pt		33:39			4	SeaK
Michelle	1pt	1pt	1pt	1pt	1pt	1pt	1pt	1pt	1pt	1pt	Winner	28:41	28:21	4	14	K1
Trent	1pt	1pt	1pt	1pt	1pt	1pt	1pt	1pt	1pt	1pt		28:15		1	11	K1
Greg	1pt	1pt	1pt	1pt	1pt	1pt	1pt	1pt	1pt	1pt		30:07		3	13	K1
Kaye	1pt	1pt	0	0	0	1pt	1pt	1pt	1pt	0	1	34:10		2	9	TK1
Gavin F.Time.x6	1pt	1pt	0	1pt	1pt	1pt	1pt	1pt	0	1pt		24:53	24:42	3	11	K1
Lachlan	1pt	1pt	0	0	0	1pt	1pt	1pt	0	1pt		28:35	27:56	4	10	K1
Glen	1pt	1pt	0	0	0	0	0	0	0	0		38:54		1	3	SUP
Jason A	1pt	0	1pt	0	0	0	0	0	0	0		42:21			2	SUP
Mark B	1pt	1pt	0	1pt	0	0	0	0	0	0		43:28		1	4	SUP
Bruce	1pt	1pt	1pt	1pt	1pt	1pt	0	1pt	1pt	0		35:17			8	TK1
Cheryl	1pt0	1pt0	1pt0	1pt0	1pt0	1pt0	1pt0	1pt0	1pt0	1pt0					10	TK1
Chris G	1pt0	0	1pt	1pt	0	1pt	1pt	1pt	1pt	1pt0		27:35		1	9	K1
Andrew C	1pt0	1pt0	1pt0	1pt0	1pt0	1pt0	1pt0	0	1pt	1pt0					9	S/K
Lawrie	1pt0	1pt0	1pt0	1pt0	1pt0	1pt0	1pt0	1pt0	1pt0	0					9	K1
Lincoln	0	1pt	0	0	0	0	0	0	0	0	1	31:52			2	SUP
Scott C	0	1pt	1pt	1pt	0	0	1pt	0	1pt	0	1	36:15		2	8	SUP
Jason K	0	1pt	0	0	1pt	1pt	1pt	1pt	1pt	0	1	34:47		1	8	SUP
Allan S	0	1pt	0	1pt	1pt	0	0	0	1pt	0		30:48		2	6	K1
Bill Y	0	1pt	0	0	0	0	0	0	0	0		34:03			1	TK1
Paul L F.Time.x1	0	1pt	1pt	1pt	0	0	0	0	0	0		26:22		1	4	K1
Rob/Colleen	0	1pt	1pt	0	1pt	1pt	1pt	1pt	1pt	1pt		29;24		3	11	TK2
Mike/Linda	0	1pt	0	0	0	0	0	0	0	0		30:34			1	TK2
Mark M	0	0	1pt	0	1pt	0	0	0	0	0		31:25			2	K1
Darren	0	0	1pt	0	1pt	0	0	0	0	0		38:40			2	SUP
Jack/Mick	0	0	1pt	0	0	0	0	0	0	0		29:30			1	OR/2
Jono	0	0	1pt	1pt	1pt	1pt	1pt	0	1pt	1pt		28:34		2	9	O/Ski

Dates	8 10	5 11	19 11	3 12	17 12	7 1	21 1	4 2	18 2	3 3	8/10/15 to 3/3/16					
Name	H1	H2	H3	H4	H5	H6	H7	H8	H9	H10	First Pl. Pts.	Est PBTime	New PB Time	Total PB Pts	Total Pts	Craft
Rob	0	0	0	1pt	0	0	0	0	0	0		31:46			1	K1
Polyn. O/R	0	0	0	1pt	1pt	0	0	0	1pt	0	1	30:39		2	6	O/Rx6
Curly	0	0	0	1pt0	1pt0	1pt0	1pt0	1pt0	1pt0	1pt0					7	TK1
Angela	0	0	0	0	1pt	0	0	0	0	0		38:51			1	Ski
Steve	0	0	0	0	1pt	0	1pt	0	0	0		36:07		1	3	O/Rx1
Tony N	0	0	0	0	0	1pt	0	0	1pt	0	1	36:21			3	SUP
Ollly	0	0	0	0	0	1pt	0	0	1pt	0		33:24			2	SUP
Allen H	0	0	0	0	0	0	1pt	0	1pt	1pt	1	43:12	39:02	1	5	SUP
Tony+	0	0	0	0	0	0	1pt	0	0	0		42:11			1	SUP
Kel	0	0	0	0	0	0	1pt	1pt	0	0		35:27		1	3	SUP
Mike P	0	0	0	0	0	0	1pt	1pt	1pt	0	1	29:44		1	5	Ski
Warren	0	0	0	0	0	0	0	1pt	0	0		26:30			1	O/Ski



Last King Billy - Photo from Facebook

Sea Kayaking News and Trip Reports

Brisbane to Gladstone Yacht Race Start 25 March 2016

Perfect late summer's day on the water with 11 keen SCC paddlers. Shorncliffe to Scotts Pt and return (21km) via the exclusion zone to observe the high tech racers and an assortment of yachts, cruisers en route to Gladstone.

All enjoyed the sunshine, clear water, Cheryl's Easter eggs choc treat and of course the V-towing practice (fun) all the way back to Shorncliffe.

Well done to Cheryl (Trip Leader), Kaye, Kim, Jean, Richard, Gary B, Mark, Rob, Bruce, Gary U, Ian.

Ian



Photos from Google Group

Elliot Heads Weekend of Paddling and Turtles

26 to 28 February 2016

The 2015 version of this event at about the same date last year was shut down by a serious weather event in SE Queensland that closed roads and made any travel, kayaking or turtle viewing impossible. Not to be daunted Take 2 was planned, invites sent out and hope that the weather would be kind. As this trip report shows, a great weekend occurred with 15 club paddlers, and 6 partners attending. In addition, 2 locals with significant local paddle experience willingly provided the service as our “on water guides” for the three days of paddles. Thanks also to the Club Members who contributed to this detailed report.

Thursday 25 Feb

Having pre-packed some of the cars the day before, Thursday morning was about packing our personal items and tying down the kayaks ready for the 380km drive to Elliot Heads – on the coast about 15kms south of Bundaberg. A stopover at Gympie for coffee and pie at the Tram Cars Bakery saw us arrive at the caravan park just on 1.30pm pulling in behind Bill and Ann Murray. Timing was great to unpack and settle into our Cabin for the next 4 nights with a great view of the ocean being the top end of Hervey Bay. By the map Fraser Island was due east but a long way out.

Not long after, Michael and Chris arrived to set up their camper. With what became a tradition for the camp for all who were present all settled in at the front of Unit 1 in the great breeze to sample the drinks and nibbles to be shared. Paddle plan for the next day was set with the conditions on Friday being the best for the weekend on the Bay.



Gympie Stop



Park Entrance

Friday 26 Feb

Up and ready for the planned paddle saw Charmaine, Michael, Bill, Barry and local guide Garth meet at the mouth of the Elliot River, huge inlet with surf conditions on the north entrance, ready for a paddle south to Coonard Creek inlet. On schedule, we set out at 8am and enjoyed a great paddle through the surf and east of Dr Mays Island at the entrance – Garth noted there was a house there 30 years ago. This inlet entrance 30 years prior was also the main channel. With time this has moved to the south on the other side of the Island.

The water conditions were different to our normal experience with the swell being longer, but as a result of the conditions, at times rough. The worst of the severe weather warning that occurred throughout this weekend along the coast was blocked by Fraser Island off to our east. This while blocking the worst of the conditions still made for focused paddling for the two days out on the Bay.



Friday am paddlers

Returning to camp late morning after playing in the surf at the entrance saw the arrival of the balance of the crew being Gary, Richard, Liz, Graham, Mick and Viv, Bruce, Cheryl, Kaye, Janelle and her mum Pearl (who stayed with us in the cabin), Terry and his partner Louise, plus Janet who is a local to Bundaberg so did not camp.

The array of tents and camper vans were all located in the one area of the camp ground with our hosts at the park extremely friendly.

Having settled in Gary, Janelle, Richard and Graham hit the water about 2.30pm from the main surf beach at the camp and headed north. This coastline for the first 6 to 7 kms is all rock with no place to exit. With a deadline of the camp briefing at 5pm, plus drinks, nibbles etc the paddle was really one to stretch out the muscles.



Friday pm paddlers



Team briefing / drinks



Moonrise at night

For the evening, a dinner booking for 23 was made for 7pm at the local Bowls Club. An interesting evening with the majority electing to walk the 2kms each way to the Club from the park.

Saturday 27th Feb (Paddle report by Kate Watson)

My first impression of the Camp site at Elliot heads was "what a beautiful place". The drive up on Friday was uneventful, although I must have spent a bit too much time in the craft shop at Tiaro, as I missed the Friday afternoon paddle. A swim was a much more relaxing option. Nibbles and drinks on the grass followed by dinner at the Bowls Club, a great introduction to the weekend.

Saturday's paddle had an early start and we were ready by just after 7:00am to launch through a slight swell, courtesy of ex cyclone Winston, although we were still protected by Fraser Island from the worst of the wind and waves.

The conditions did require a change of plan to the paddle, instead of paddling North it was decided to paddle South along the coast so that we would be assisted by the wind on the return journey; much better idea. Garth turned up to



Saturday Crew

give a hand. Barry briefed us on the conditions and had us group into three pods of five paddlers; each with a nominated leader, much easier this way to keep together and make sure everyone remains safe.

The paddle South was a bit of a slog into the wind, which was becoming fresher, the longer we paddled. The decision was made to cut the paddle short and we headed into Coonard Creek for a well-earned break. Some wave catching, side surfing and bracing was practiced on the way back into the creek, and we enjoyed a short break out of the wind.

After leaving the creek we regrouped and with sails up (for most of us) we had an interesting and somewhat challenging trip back, keeping an eye out for those in our groups. Luckily Garth was a font of knowledge concerning the local paddling conditions and he guided us safely back into the Elliot River without any mishap. A few of us continued to play in the surf at the mouth of the river for a while which was good fun.

Having a choice of river and the beach for paddling makes this a great spot for paddlers of different experience and skills, the campsite is right on the beach and I believe if you are lucky enough you may even find turtles coming onto the beach or hatchlings heading back out.



Coonard Creek

Partner's Tour: There's more to Elliot Heads than kayaking!!!!!! (Report by Chris, wife of "paddle tragic" Michael Locke)

The wives, partners and mothers of kayakers who attended the Elliot Heads Camp with their "kayaking tragic other" will vouch for the fact that there is much more to Elliot Heads than just the attraction of kayaking. The Bundaberg Rum Distillery tour attended by six of us was thoroughly enjoyable, despite the anxiety that those of us fitted with hearing aids (Viv and Chris), pacemaker (Pearl) and defibrillator (Viv) might ignite the ethanol in the distillery and blow the place up with our medical battery technology. We were told we had to stick close to the tour guide who had a sensor that measured the level of ethanol, and if things got out of hand we would be ejected from the tour. I think we posed a significant security risk to the Queensland Rum Industry.

Everyone enjoyed the tasting, but care had to be taken by "designated drivers" not to go over the limit (1 nip was all it would take). Credit cards were put to good use as we bought copious quantities of rum for our families and ourselves. Ann resisted the temptation, as she and Bill are frequent flyers who buy most of their supplies duty free. Pearl (Janelle's mum) bought three bottles of Royal Liqueur (one for each of her daughters) and strict instructions were given that they were to be drunk, not put away for a special occasion.

Louise proved to be more than a match for the tour guide by answering all his questions and posing more for him. She had obviously done her research into rum, and enjoyed trying as many as possible before making her purchase. Liz (the only kayaker who attended the tour) decided that it was more fun (but not as safe) as kayaking in the surf.

Some of us also visited Hinkler House (Aviator Bert Hinkler's home, which was moved from Southampton to Bundaberg in 1984). The house is located in the Botanical Gardens and we enjoyed the opportunity to learn a little about this Australian aviation great. Did you know that he used to land his plane at Mon Repos when he was a young man? Probably scared the wits out of the turtles, and disrupted their magnetic field for a while.

A special thanks is due to Ms Gabriel Google whose dulcet tones guided us to the left and the right, and around in circles through the streets of Bundaberg until we arrived at our destinations. I am not sure we would have seen anything without her.

Bill Murray Coastal Pathway

On the way back from the Elliot River launching point to the camp, we often completed a short walk along the Bill Murray Coastal Pathway that in total went for just over 3kms. It was somewhat overwhelming that Bill had kept this obvious community respect to himself and not “big note” himself or his family with this great honour.

Some did ask the question just where else has Bill achieved such notoriety? Was this achieved as part of his trucking exploits over many years around Queensland and interstate? Was bitumen the only thing he delivered? I must admit it was humbling to see that Bill not wishing to take any acknowledgement for this achievement in the community of Elliot Heads, however was willing to at least stand by his sign as the photo below shows.



Bill's Path!



Mon Repos Turtles – 120 to go

Mon Repos Turtles (It was not all about paddling)

Saturday evening at about 5pm, the usual pre-drinks and nibbles, sorry trip planning event occurred outside Unit 1 to discuss Sunday paddling. This covered, quite a few of the group headed out to Mon Repos some 20kms north of Elliot Heads. This beach is renowned for marine turtles both laying eggs and hatchlings leaving. At this time of the year it was all about the hatchlings with up to 250 people attending the night time event.

Arriving at the National Park offices just before 7pm, quite a few of us were in the first group of 40 that headed out onto the beach by torchlight of the ranger, and then headed north along the beach about 700m to a nest site that was about to become very active. So it was that just after settling in around the pile of sand high in the beach dunes, the top of the nest erupted like a volcano from 500mm below the sand with what turned out to be 116 baby loggerhead turtles trying to head out to sea. With the ranger about to handle only 5 of the nest for viewing, the picture above was taken of turtle - small ball of energy.

To assist their journey when reaching the water, the group of turtles were relocated 200m south along the beach and away from an outcrop of rocks. Still they had to traverse the 50 metres of beach area and hit the waves to head east. This small land journey start helps to align their in-built magnetic navigation.

Having reached the water, it is then an epic journey over 16 years to head south initially around the top of Fraser Island, swing east past the top of New Zealand before reaching South America, then north to Mexico and again west back to Australia drifting on the ocean currents but never making landfall. Having made Australia again, the turtles take another 15 years to mature before at about age 30 they again return the region of their birth to lay 100 to 150 eggs in a dune above the high tide line of the beach. The turtles then stay within Australian waters laying eggs every year or so until their death should they be so lucky at 60 to 80 years of age. To reach laying maturity, only 1 in 1000 make it – so who knows if any of our 116 turtles will make it back in 2046 to lay eggs?

More of our team were in group 2 at 8pm, while the last headed out in group 4 at 9.30pm. Post the turtle departure event, the option to stay and see the ranger dig out the nest to count the eggs shells, but also the number of eggs that did not mature, or were eaten. These golf ball sized eggs were laid just before Christmas

being about 8 weeks old. With the shared lifts and delays of groups to get onto the beach, we were on our way back to camp about 11.45pm at night. As all who attended the night remarked, a special sight to see this event in nature.

Sunday 28th Feb (Paddle report by Janelle Ellwood)

Richard made sure we had an extra early start – 12:01 am and he arrives at the door with a bottle of port- OH that's right –we were still up from Saturday night after the turtles. Well that port went down well as 5 of us shared in the early morning event before turning in around 1am - we all slept well.

Up again in the morning with Barry, thankfully, planning a late start so that we could take advantage of the 11.30am high tide to explore the Elliott River. Luckily most of us had gotten a Friday paddle in, as well as Saturday outside on the bay, as the wind had really gotten up and the seas didn't look friendly.

So it was that 11 kayaks (1 double with our local guide Garth and his lovely wife, Marg joining us) headed for the beach at 10am (a very civilised hour to start). A bit of chop going across to Riverview but we were all seasoned having practiced in the surf the previous days. We wished we'd left our sails on. Liz had decided to join us having missed the previous day's paddles. A good test for her on a long paddle as she was hoping to improve her paddle technique as well.

It was an easy paddle with only a bit of "hit and miss" wind for those with sails. (I forgave you Barry for no sail). As we pushed on up the creek it became muddier the further we went. Garth's estimate of 9km to the end was pushed out as usual by Richard alias "Dr Livingstone", determined to not let a tree across the river stop him as he explored deeper into the river.

Garth found a suitable place for "smoko", but a few pressed on. Barry turned back when the river twisted back on itself and Terry was standing there to take a photo of us having walked across the bank as the river looped back on itself. We thought he was some strange bird watcher (stalker) at first. Graham was salivating as he was looking forward to his usual baked beans- BUT Richard kept saying another 100m. Kaye and I followed him and only 1km on reached the end.

Back to the others for morning tea and it was a slippery bank to get out on. Some sarcastic remarks about Gary not holding Graham's kayak and tipping him in the muddy river. The local insects were also out for a feed (I think Charmaine was almost bled out) so Barry, Charmaine, Liz and Terry headed off ahead of the main group.

We were ready for a leisurely break but the bities took to us as well. It took another 15 mins to get everyone else back on the water. Garth and Marg showed off with a seal launch off the bank.

Occasionally we'd catch a glimpse of Terry's sail so the race was on to catch up with the others. Graham didn't think we'd make it, but with a side bet of a pack of Twisties I was on a mission. Graham tried to convince Kaye to fall in so a rescue could be executed but she wasn't having that. She must have liked the sound of Twisties as well.

Finally, we caught the others at Riverview. The wind had really picked up and the crossover was a bit lumpy. Michael had a sprint to the shore dodging windsurfers as they whipped past us. Gary showed us all up with his surf technique as he still had energy to burn. Kaye had some good rides in as well.



Sunrise on the Bay



Sunday crew

After a quick wash down for kayaks and bodies, some still had plenty of energy, so a pack of cards was produced as a number of dubious hands (Editor's Note: not for the winners) were dealt. This was followed by the usual 5pm drinks that started just after 2pm for some.

A great day paddling thanks to Garth and Barry for organising



Gary in the surf



End of the navigable river

PS: Cheese Twisties are the Best Graham

A couple of our team had to leave on this day with Bill and Ann heading for Emerald and family, while Mick and Viv had to pack up and head back to Brisbane for work on Monday – not too many tears by those who stayed behind.

Monday 29th Feb

All good things had to come to an end, and so it was for this day with packing up our various sites and gear the main event. Michael and Chris were staying over to Tuesday, while Gary and Richard had a late checkout of their tent site to do some more paddling. News after the event indicated the wind remaining high meant they only headed for a nice lunch at Bargara with Michael and Chris before heading back to Brisbane.

As for us, we managed to get away before 8am for the 4-hour drive getting back home just on noon for the usual unpacking, settling into home and reality. Saw a few others on the way home but by all reports since, a great weekend enjoyed by all. Now to plan another adventure.

Barry & Charmaine Renaud

For Sale, C2 Sprint by Natureline

C2 sprint Canoe with paddles, made by Kerry Richards Natureline Australia.

Great for fast flat water touring and camping, for example the Upper Noosa River. Reasonably stable, straight tracking, good storage. 20 mm toggle carry handles.

This canoe is long (16ft) and narrower than the average canoe. It was built lighter, 22 kg. I have home-made vinyl covers for the hatches.

Very good condition, Sells new for \$1890.00. For club members I will go down to \$980.00.

Ruth Hatcher 0429795720



Clothing Orders

Winter is coming! We had a cool change 2 weeks ago and it is time to think of keeping warm, especially when you get off the water and sit around and then you cool down quickly. Please consider the warm winter coat and/or the vest. The cheapest way of purchasing them will be in lots of 5 or 10, and this is why I am advertising in plenty of time. The winter coats are wonderful to snuggle up in on those cold winter days when the wind is icy and you want a yarn and a cuppa around the table. I am purchasing one as I certainly wished that I had one last year and the year before! I would like to put in only one bulk order for you this year, in about a month's time.

As Sue Gollagher said, "They are expensive and you may only need them one month a year, but they are worth every cent."

To keep the cost down, I won't give you their price with your name on them, just the logo, and the price could be less if we get more than 5 orders.

Waterproof Vest Black with Gold Lining: Sizes XS to 3XL \$37.60

Warm Winter Coat with Furry Lining: Sizes S to XL, costing \$143.00 and \$148.00.

There are 2 lengths, Regular to mid-knee and Extra Long to Mid Calf. It would be best if you measure from the back of your neck at the nape to see which length you need. Having your name printed is optional and will cost extra but then no one would accidentally walk away with it.

Please post me your money in an envelope with your order clearly showing the size, length, everything. You might get a refund of \$10.00 or more if we can get our orders of winter coats to more than 10.

Ruth Hatcher
3 Ardcarth St
Bracken Ridge QLD 4017



*South Passage - by Richard
Brisbane to Gladstone Yacht Race Start*

General Paddle Information

- All Paddles shown in the newsletter or amendments otherwise issued are sanctioned.
- All Paddles from Yundah St on Saturday are sanctioned.
- **All Tide times are Brisbane Bar and actual tide times at the start point will need to be adjusted.**
- All paddles start at **8am on the water** on Saturdays and Tuesdays unless otherwise specified.
- All paddles on Sunday have start time at the discretion of the leader.
- There are some sanctioned Paddles on Sunday from Yundah St (Club members notified by E Mail)
- All Distances are return.
- All paddles are for everyone subject to self-assessment in accordance with the club paddle grading system.
- **Please contact the trip leader by phone the evening before the paddle to verify numbers or possible venue change.**
- If the trip leader is not available contact one of the paddle committee members.
- 'In House' training is peer supported training with experienced club members.
- We want to make paddling as interesting and enjoyable as possible, if you have any ideas for a paddle contact one of the paddle committee members.
- **The Sign on Sheet and Float Plan must also be completed:**
It is a requirement for all Club Paddles into the Bay or open waters to complete a risk assessment (SCC Float Plan) prior to the paddle being started, assess the suitability of the paddle given the conditions, appoint the key roles of Team Leader and experienced paddlers, and ensure adequate equipment is being carried for the assessed conditions. **Available under the resources tab on the SCC website.**
The sign on sheet must also be completed.
The following link will take you to the relevant website page. [Resources Tab](#)
- **Race Training paddles** – most mornings – paddle from Yundah St. (see racing paddlers for Details)
Sandgate Handicap Time Trials Every 2nd Saturday
Saturday of the month Doubles Handicap Time Trial approx. 11.5km
Every 3rd Saturday of the month Single Handicap Time Trial approx. 11.5km
Tide consideration is important.

DISCLAIMER:

By its very nature sea kayaking is a dangerous sport. The obvious risks include exposure, fatigue, physical trauma and drowning.

You participate in these activities entirely at your own risk on the understanding that you are aware of these risks and voluntarily accept them and that you are also aware that no one is liable in negligence for any harm that you may suffer as a result of engaging in them.

Paddle Plan

April 2016

April 2016	Tide	Ubd	Venue/Event	Distance Km	Grade	Leader	Comments
Sat 2nd	11.30 0.77L	111-F9	Yundah St General Paddle day Plus rescue Training.	15	all	Decide amongst experienced paddlers	First of the month all at the creek <u>Beginners come and paddle in the Bay off Sandgate with the experienced sea kayakers.</u> Bring you spray deck. Sea Kayak/Tidemark/PFD
Tue 5th	07.44 2.43 H	185-P12	(Cleveland) Raby Bay to Peel Island Circumnavigate Peel CW	24	2	Graham Moorhead	[Masthead Drive]
Tue 5th	08.47 2.15 H	140-E17	Breakfast Ck to Southbank	22	2	Ian McDade	NIGHT PADDLE Sandgate Rd & Beaumont St
Sat 9th	10.51 2.32 H	91-E18	Safety and Rescue Practice Day (SARP) Last chance before winter to practice rescue techniques			Gary Utz Kaye Watson	Clontarf Bch Just north of the Hornibrook Bridge
Mon 11th			End of School Holidays				
Tue 12th	07.37 0.62 L	91-G17	Bells Beach to Suttons Beach Paddle further to Scarborough if desired	18	1	Janelle Ellwood	[Bells Beach opp. Maine Rd Clontarf]
Sat 16th	05.15 2.13H	111-F9	Yundah St. to Suttons Beach Destination can be changed on the day.	23	2	Gary Bergman	Or Richard Womack's alternative paddle below
Sat 16th	05.15 2.13H	177-H17	MEET AT Jindalee Boat Ramp at 7.30 Car shuttle to 195-D2 Karana Downs to Jindalee	30		Richard Womack	[Mt Ommaney DR] [Nalya Cr off Caringal Dr]
Tue 19th	07.47 2.18 H	206-N16	Pt. Halloran to Blakesleys Stopover at Potts Pt. if required.	21	2	Kaye Watson	[opp. Orana St]
Wed 20th	21.30 2.15H	140-E17	Breakfast Ck to Southbank	22	2	Ian McDade	NIGHT PADDLE Sandgate Rd & Beaumont St
Sat 23rd	10.03 2.07H	165-C10	Wellington Pt. to Platypus Bay on Peel Is.	29	2	John Taylor	[Reserve Esp.]
Sat 23rd			Camp upper Noosa River			Richard Womack	for Details
Sun 24th			Camp upper Noosa River			Richard Womack	for Details
Mon 25th			Camp upper Noosa River			Richard Womack	for Details
Tue 26th			Camp upper Noosa River			Richard Womack	for Details
Tue 26th	06.05 .068L	143-F1	Whyte Is. To Wellington Pt.	21.5	2	Graham Bell	[off Port Dv. South side of boat passage]

April 2016	Tide	Ubd	Venue/Event	Distance Km	Grade	Leader	Comments
Sat 30th	09.43 0.76L	91- F18	Pelican Pk to small Bch @ Scarborough	20	2	Lynne Dean	[opp Thomas St.]

May 2016

May 2016	Tide	Ubd	Venue/Event	Distance Km	Grade	Leader	Comments
Tue 3rd	06.14 2.29H	91- G17	Pelican Pk Bells Beach TUESDAY to anywhere	20	2	Gary Utz	[Bells Beach opp. Maine Rd Clontarf]
Wed 4th	20.26 2.25h	140- E17	Breakfast Ck to Southbank	22	2	Ian McDade	NIGHT PADDLE Sandgate Rd & Beaumont St
Sat 7th	09.43 2.24H	111- F9	Yundah St General Paddle and Rescue Training	15	all	Decide amongst experienced paddlers	First of the month all at the creek <u>Beginners come and paddle in the Bay off Sandgate with the experienced sea kayakers.</u> Bring you spray deck. Sea Kayak/Tidemark/PFD
Tue 10th	06.33 0.50L	165- C10	Wellington Pt to St Helena (South Ramp)	24	2	Graham Moorhead	[Reserve Esp.]
Sat 14th	10.20 0.71L	143- J16	Oyster Pt to exposed eastern beach Mud Is	32	2	Selwyn Gray	[off Glenora St Wynnum North] Winter paddle
Tue 17th	06.19 2.03H	111- F9	Yundah St to Scotts Pt	20	2	Decide amongst experienced paddlers	
Wed 18th	20.25 2.09H	140- E17	Breakfast Ck to Southbank	22	2	Ian McDade	NIGHT PADDLE Sandgate Rd & Beaumont St
Sat 21st	09.00 1.99H	185- P12	Cleveland to Peel Is A guided tour of State protected Leper colony huts 7.30 AM Start on the water is required	22	2	Selwyn Gray Register with Selwyn as limited Nos available	[Masthead Drive] 7.30 AM Start on the water is required Official tours with Parks and wildlife. Mobile enough to climb a bank and must have appropriate footwear for walking.
Tue 24th	10.48 1.89H	52- P11	VMR Bribie to Donnybrook	24	2	Cheryl Christensen	[Marine Pde.]
Sat 28th	08.14 0.68L	63- C1	Bongaree to Skirmish Pt or Woorim via Gilligan's Is	16	2	Kaye Watson	[South Esp.]
Tue 31st	11.20 0.47L	82- B12	Scarborough (Pirate Pk) to Bongaree	30	2	Reg Bright	[Car park off Kennedy Esp.] Depends on wind conditions

June 2016	Tide	Ubd	Venue/Event	Distance Km	Grade	Leader	Comments
Thur 2nd	20.26 2.09H	140- E17	Breakfast Ck to Southbank	22	2	Ian McDade	NIGHT PADDLE Sandgate Rd & Beaumont St
Sat 4th	08.32 2.11H	111- F9	Yundah St	15	all	Decide amongst experienced paddlers	First of the month all at the creek <u>Beginners come and paddle in the Bay off Sandgate with the experienced sea kayakers.</u> Bring you spray deck. Sea Kayak/Tidemark/PFD
Tue 7th	11.05 1.94H	111- F9	Yundah St- Luggage Pt(Mouth of Brisbane river)	22	2	Maree Mills	
Sat 11th	08.36 0.66L	143- J16	Oyster Pt to St Helena A guided tour of State protected old Goal on St Helena	20	2	Selwyn Gray Register with Selwyn as limited Nos available	[off Glenora St Wynnum North] Official tours with Parks and wildlife. Must have appropriate footwear for walking.
Tue 14th	11.09 0.62L	206- N16	Point Halloran – Dunwich	24	2	Janelle Ellwood	[opp. Orana St]
Thur 16th	19.52 2.07H	140- E17	Breakfast Ck to Southbank	22	2	Ian McDade	NIGHT PADDLE Sandgate Rd & Beaumont St
Sat 18th	07.51 1.89H	143- F1	Whyte Is – Green Is- St Helena via Mangrove pass -	20	2	Gary Bergman	[off Port Dv. South side of boat passage]
Tue 21st	09.51 1.89H	185- P12	Masthead Dve,Raby Bay- Peel Is	24	2	Graham Bell	
Sat 25th	07.07 0.55L	141- E20	Northshore- Whyte Is	20	2	Bruce Pilcher	[Macarthur Ave.]
Tue 28th	09.45 0.48L	91- G17	Bells beach to Scarborough	20	2	Cheryl Christianse n	[Bells Beach opp. Maine Rd Clontarf]

Using your mobile phone in an emergency

Dial **112** instead of 000. While you can still use 000, there are a number of advantages in using 112:

- ✓ your phone will connect to the nearest tower irrespective of who your supplier is
- ✓ you do not need to have credit on a pre-paid mobile, and
- ✓ your position may be able to be triangulated (depending on where you are).

The box of really useful stuff

Websites

Sandgate Canoe Club: <http://www.sandgate.canoe.org.au/>

SCC Documents: [Policies and Procedures](#)

Queensland Canoeing: <http://www.qld.canoe.org.au>

Australian Canoeing: <http://www.canoe.org.au>

Weather:

<http://www.seabreeze.com.au/graphs/qld.asp>

<http://www.bom.gov.au/jsp/marine/wind/index.jsp>

<http://www.willyweather.com.au/>

<http://www.windguru.com/>

Tides: <http://www.bom.gov.au/oceanography/tides/MAPS/qld.shtml>

[Queensland Tides Table:](#)

Beacon to Beacon:

<http://www.msq.qld.gov.au/Boating-maps/Moreton-Bay-guides.aspx>

Acknowledgement

Sandgate Canoe Club would like to acknowledge and thank our Club Patron Councillor Jared Cassidy for his assistance in printing a number of copies of the newsletter for distribution to our members.

Club Officials

Position	
Club Patron	Jared Cassidy
President	Christine Gissing
Vice President	John Blackley
General Secretary	Michael Locke
Treasurer	Richard Womack
Membership Registrar	Ian McDade
Management Committee Members	Melissa Bull, Paul Lange, Leighanne Exon
Basic skills co-ordinator	Margaret Micale
Basic Skills instructors	John Blackley, Janelle Ellwood, Graham Moorhead, Graham Bell. Kayak Life Guards: Selwyn Gray, Bill Young, Gary Utz, Bary Bergman, Lynn Dean, John Taylor, Mark Mustchin, Marco Pitot, Bruce Pilcher,
Paddle planning co-ordinator	Graham Moorhead
Paddle Planning Committee	Graham Bell, Cheryl Christensen, Janelle Ellwood, Selwyn Gray, Richard Womack
Club Coach	Lawrie Fagan
Assistant Coach	Melissa Bull
Racing Secretary	Paul Lange
Boat Booking Officer	Greg Litherland
Equipment Officer	Selwyn Gray
Equipment Maintenance	Paul Wilson
Newsletter editor	Andrew Contoleon
Website manager	Michelle Fraser
Librarian/Newsletter distribution	Cheryl Christensen
Grievance Officer	Selwyn Gray
Clothing Coordinator	Ruth Hatcher
Social Coordinator	Linda Parsons
Social Committee Members	John Blackley, Neville Holden, Wayne Lee, Bruce Pilcher, Ron Roberts
Delegate to QC	Bruce Pilcher
Returning Officer	Selwyn Gray
Life Members	Gary Hatcher, Lawrie Fagan, David Massam, Linda Parsons, Kay Smith, Jo Nott, Sue Gollagher, Bruce Pilcher

SCC Library List (Contact Cheryl Christensen to borrow any of the below)

Canoeing and Kayaking		First Aid and Safety	
Path of the Paddle <i>Bill Mason</i>	Fit to Paddle <i>Rocky Snyder</i>	Safety Handbook - Qld Recreational Boating (Qld Transport)	Watching Wildlife Australia Lonely Planet
An Introduction to Sea-kayaking in Queensland <i>Gerard Effeney</i>		Marine Operator's Handbook	Down amongst the Mangroves Susan Quinnell
Sea Kayaking <i>Johan Loots</i>	DVDs	Marine VHF Radio Operators Handbook	
The Complete Book of Kayaking <i>Derek Hutchinson</i>	Nigel Foster's Sea Kayaking Series	Sports Injuries and Stretches Levy & Fuerst	Trees Plants and Wildflowers
The Complete Sea Kayakers Handbook <i>Shelley Johnson</i>	1 Getting Started	Sports Injuries Vivian Grisegono	Australian Wildflowers -Field Guide Denise Grieg
Canoeing and Kayaking - Crowood Sports Guide <i>(Marcus Bailie)</i>	2 Essential Strokes	Canoeing Safety and Rescue Doug Mckown	Trees and Shrubs Botanica Pocket
Teach Yourself Canoeing <i>Ray Row</i>	3 Directional Control	Handbook of Safety Alderson and Parly	Weeds of Queensland Dept of Primary Industries
Canoeing Down <i>Under (Terry Bolland)</i>	4 Rescues	SeaKayak Rescue Schuman & Shrinen	Grow your own Wildlife Johnston and Don
Canoeing the Rivers and lakes of QLD and Northern Territory <i>(McLaughlin)</i>	5 Forward paddling		Greening your own Australia Johnston, Waring & Gorrie
Complete Sea kayaking Touring <i>Jonathan Hanson</i>	6 Rolling and Bracing	Birds and Wldlife	Dinkum Gardening Creating a Bushland Garden in Brisbane Tim Low
Keep Australia on Your Left <i>Eric Stiller</i>	Yoga for Padlers Andria Baldwin	Australian Birds - The Slater Field Guide (Slater)	Australian Rainforest Plants -I, II, IV V N&H Nicholson
The Dreamtime Voyage <i>(Paul Caffryn)</i>	Sea Kayak Rescues North Water	Field Guide to the Birds of Australia Simpson & Day	Poetry
Canoe Touring in Australia <i>(Leigh Hemmings)</i>	This is the Roll Justine Curgenvet et al	Wild Guide to Moreton Bay (Qld Museum)	Images of Bramble Bay Joan'sDesk Qld
Places to Paddle <i>(Gerard and Tina Efeney)</i>	This is the Sea Justine Curgenvet et al	Wildlife of Greater Brisbane (Qld Museum)	
Extreme Kayaking <i>Soares & Powers</i>		Living with the Environment in the Pine Rivers Shire Pine Rivers Shire Council)	