

Sandgate Canoe Club

Newsletter

July 2016



*Pier
31 March 2016*

From the Presidents Deck Chair

July 2016

Hi Paddlers

As our illustrious Secretary has reminded us, on Saturday July 2nd there is a very important event poised to occur on the Australian Calendar. Yes that's right folks, the SCC AGM is on! Your committee is really looking forward to having a many as are able attend at the VMR from 10am to 12 noon.

Looking back on the year gone by, it has been a strong and stable one for our Club. We have a healthy bank account, we have maintained a strong Basic Skills program and welcomed very valuable new members in all areas of paddling. We have purchased 3 new craft and new paddles for our racers and sea kayakers. We delivered an outstanding day for the annual Wetlands Wander, which also raised us over \$2000. We have held tens if not more than a hundred trips and paddles for our members. The committee provides the structure to do this and you provide the support and leadership to make it happen - thank you all!

As you know I am stepping down as President and pleased, so far, to have two wonderful candidates putting their hands up to take over the reins. It is important that you come and vote for your new committee at the AGM. If you are unable to attend please contact myself or Michael to submit your votes.

I am sure you will all share with me in thanking those who are resigning from the Committee this July, Michael Locke (Secretary); Ian McDade (Membership Registrar); Leighanne Exon (General Member); and Andrew Contoleon (Newsletter Editor). The effort all of these guys have put into our Club is nothing short of fantastic. I wish to thank them all for their support over the last year. Likewise I thank my ever supportive Vice President John Blackley, Richard Womack (Treasurer); Melissa Bull and Paul Lange (General Members).

There is a reason we paddle together and a reason we stay together as a Club. With the collaboration of others we are greater than any individual effort. I wish the new Committee every success.

Chris



AGM 2 July from 10am to Noon

The Annual General Meeting is Saturday 2 July starting at 10.00am at VMR.



Be sure to come to the Club AGM.

You are needed.

The more that you become involved the easier it is for all.



Welcome

Welcome to the Sandgate Canoe Club July Newsletter. As always thanks are due to the many people who make this Newsletter possible.

Unfortunately due to recently increased family demands I cannot continue as editor. The 2015 August Newsletter was the first. With this 2016 July Edition (my last) I will have assembled 11 editions.

We have enjoyed editing the Newsletter. It has provided many opportunities to meet people and learn about the club.

When I started as Editor, at the July 2015 AGM, I was very new to the Club and I am thankful for the many people who supported and encouraged me.

Mostly; editing the Newsletter has been enjoyable, sometimes long and sometimes daunting. But we got through.

It's your Newsletter. It's made of your contributions. It only exists because of your support and generosity towards each other and your enthusiasm for paddling.

I wish the new Editor every Success.

Take Care

Andrew Contoleon

Newsletter Editor

Questionnaire

A member survey was conducted on the Club newsletter. The survey sought feedback on how the Newsletter was meeting members' needs and how it could be improved.

Forty six people took the time to fill in the questionnaire. The results are attached at the end of the newsletter.

Thanks are due to Claire Brereton for her work in setting up and managing the web based survey.

Cheryl Christensen is the winner of the draw of those for who responded to the questionnaire. As a result Cheryl will receive a Club shirt.

Andrew

Editors Report for AGM

Editors Report for period July 2015 to end of June 2016

Presented at AGM 2 July 2106

The newsletter has been I believe successful. Due to the many willing contributors and enthusiasm of the members.

There has always been a good flow of articles on paddles, races and other happenings.

Michelle (Web Site Manager) has been writing articles for the VMR Boat Talk magazine about the Club activities.

The major sea Kayak camps have been well reported. One area where we have struggled is with major events. Such as the awards dinner and large races. I believe this is because of the size, complexity and short duration of the events. And in the case of races there is a reliance on competitors to also produce the articles.

Since July 2015 there have been 11 issues of the Sandgate Canoe Club Newsletter. The newsletters were assembled mostly from the contributions offered by members. The newsletter is the result of the member's generosity and enthusiasm for paddling. A number of times Michelle has provided a needed article.

The newsletter was discussed at the Executive meeting on 19 Jan 2016. A number of things were decided.

These included:-

- The members questionnaire on the newsletter and

- The formation of a Communication Committee (Consisting (for the last year) of Michelle, Kaye and Andrew).

Newsletter Questionnaire.

A member survey was conducted on the Club newsletter. The survey sought feedback on how the Newsletter was meeting members' needs and how it could be improved.

Thanks are due to Claire Brereton for her work in setting up and managing the web based survey. Cheryl Christensen is the winner of the draw of those for who responded to the questionnaire. As a result Cheryl will receive a Club shirt.

There were 46 responses to the survey questions. This is a good response out of 93 long term committed members. (Assuming the committed long term members are the Senior and Social members. (Senior members number 81 and Social members number 12 as per the Members report in 17 May Committee Meeting)

Attached is an edited copy of the complete results of the Newsletter Survey Questions.

Members Response to the Questionnaire

From the results and the comments it seems that overall Members are happy with the newsletter and want it to continue as it is.

I would suggest the following:-

Keep the newsletter as it is with monthly release, and content.

Some additions suggested by members are worth considering.

Of the suggestions; consider adding member profiles, equipment reviews and more Technical articles.

Material such as equipment reviews and technical articles could also be placed on the Web to enable long term access. There are other comments in the questionnaire also worth considering.

Ideas to help with future Club Communication.

The Communication Team has to deal with an environment which is growing. Now the Club is using Google Groups, with emails and Facebook. The communication tools take more time to manage. When this is considered with the need to provide articles and content for the newsletter and the web site. There should be consideration given to an increase in the size of the Communication Team.

It is suggested that the New Communication Team be enlarged to help collect material for the Web and the newsletter. More people will help reduce the load on the Web Site Manager and on the Editor. Perhaps the Membership Coordinator should be part of the Communication Team.

One problem for the newsletter has been obtaining articles on larger events. There is a Club calendar of events. The newsletter follows a regular cycle. The calendar and the newsletter cycle make it possible to plan the content requirements in advance. The Sea Kayak group for some time have planned in advance for people to write up a paddle or camp and to take photos,

Advance planning for large events such as the Awards Lunch, King Billy Series and the Wetlands Wander would help. It is suggested that it be arranged in advance for people to be available to write up or photograph the events. That way the desired articles can be produced by people not heavily involved in the running of the event but able to concentrate on the collection of the necessary material.

Similarly specific articles such as the equipment reviews and member profiles could be planned.

Andrew Contoleon

(Editor 2015/2016)

Racing Report

Presented at AGM 2 July 2106

The main aim for the racing group over the past year was to build a regular training group which would hopefully translate into more SCC paddlers attending SCC races and inter club races. This aim proved to be a spectacular success with a bunch of dedicated paddlers getting on the water on Tuesdays and Thursdays at 5am during summer and 5.30am during winter. Similarly, training on Saturday's and Sunday's was also well attended.

As far as more paddlers from SCC getting out and racing, this also proved to be a spectacular success. Whether it was our club races (which are held every second and third week of the month), the SCC King Billy 10 race series or the inter club racing in the Qld Marathon Series and Northern Marathon Series, the Sandgate Canoe Club was well represented.

If I had to pick the top 5 highlights for the year, they would be as follows:

1. Starting and maintaining a training group.
2. Getting a group of paddlers to compete in the 111km Hawkesbury Canoe Classic in 2015.
3. Seeing SCC paddlers attend more races.
4. The success of the King Billy race series
5. The success of the Wetlands Wander.

The racing group is relatively small. So it is difficult to organise racing and race. This means, none of the highlights above could have been achieved without the kind and generous support of the entire club. Without doubt it was the support of SCC members, their families, friends and partners, and the racing group that enabled us to achieve as much as we have.

Paul Lange



Photo from Face book

More than Wandering the Wetlands

Twenty-two May saw the 2016 edition of Sandgate Canoe Club's Wetlands Wander Marathon Series race. More than 120 craft lined up for 6km, 12km and 18km courses. The field of paddlers was impressive, ranging from beginners to past (and hopefully) future Olympians. They paddled a range of craft: K1s, K2s, TK1s, TK2s, Ocean Skis, Surf Skis, Sea Kayaks, various Recreational craft, SUPs, and even a Prone Paddler. This year, like past years, it was a popular event on the race calendar, and it's not difficult to understand why.

This is a 'whole of club' event! It starts months out with planning, getting volunteers, finding sponsors and prizes, filling in paper work, planning and setting up the race publicity and promotions, and putting everything in place for the big day. This year was a bit nerve racking because some of us on the organising committee were new to the experience. But as usual, we were ably led by Lawrie Fagan, his wisdom, and years of experience. Of course, Sue Gollagher, couldn't resist turning up when most needed, to help out on the day.

There are others too, who volunteer each year to organise the catering, the BBQ, the safety boats, race marshalling, data entry, setup and clean up. There are too many to name here, but needless to say without the help of everyone, leading up to, and on the day, the event wouldn't be as good as it is. As one competitor said to Paul Lange (not



Photo from Face book

knowing he was part of the organising committee) while they were duelling it out in the last lap of the 18km race, he wouldn't miss the event: 'it was the best race on the calendar, because it was always so well organised'.

This year we were not only popular with paddlers, politicians were breaking their necks to be part of the event as well. We had local, state and federal government representatives – Jared Cassidy, Stirling Hinchcliffe, and Wayne Swan – vying for a spot on the program. This might have been the result of Michelle Fraser's great job with publicity; the race was covered in all the local papers.

Aside from helping to put the race together, our club members numbered amongst competitors. Twelve SCC paddlers competed on the day. Alyse Effenev, Caitlin Mason and Cameron Mason represented the club as junior racers. While Alyse and Cameron have been paddling the Northern Marathon Series, this was the first time Caitlin put herself on the line! For the Masons the day was a family affair. Matthew lined up for 12km in the TK1, while Kathleen helped behind the scenes. The same can be said for the Effenevs. Alyse completed the 6km race, while her mother Tina slogged it out for 18km in the K1, and Gerard paddled a safety boat. Many club members pulled off a double act – Greg Litherland (K1), Melissa Bull and Michelle Fraser (TK2), Rob Litherland and Colleen Hobdell (TK2), Mike Parsons (Surf Ski), Paul Lange and Armand Le Roux (K1) – helped to organise the event and raced too.

In the wash up it was a great day that raised more than \$2500 for the club. Now the racers can focus on their paddling, and the rest of the Marathon Series, before it all starts again early in 2017.

Melissa Bull

Sea Kayakers' Paddling Report

Presented at AGM 2 July 2106

The Sandgate Canoe Club has had another successful year on the water, with a variety of paddles that hopefully has kept the interest of all sea kayakers.

I would like to thank all members of the committee and especially Selwyn Gray, Cheryl Christensen, Janelle Ellwood, Graham Bell and Richard Womack for their input to the paddles.

Some of the highlights have been the weekend camps at Caloundra, the Big Sandhill's, Elliot Heads and the Anzac Weekend in the upper reaches of the Noosa River with a large number of paddlers attending.

Phil ran a sailing clinic that was very popular. Kaye Watson and Gary Utz ran a number of very successful SARP days helping to improve all our skills. We have also had a practice day in the surf at Caloundra bar and a river paddle from Karana Downs to Jindalee Ramp.

It's been a great year for the Sea Kayakers with a large number of new members increasing their paddling skills and joining us for the Saturday paddles.

The Weather has not always been kind to us but we have managed to run some successful paddles by either changing the direction of travel or the starting point of the paddle.

Thanks again to those experienced paddlers who gave up their Saturday paddle to help on those days. In conclusion if you do have a paddle you want to do please let one of the paddle planning committee members know so it can be included during the coming year.

Hope to see more sea kayakers on the water next year.

Graham Moorhead



Photo from Face book

SCC Membership update June 2016.

The SCC continues to grow. The recent events such as the Wetlands Wander and the SCC's Webpage and Face book page have attracted lots of interest from the public. The SCC has a membership base in excess of 135 members.

Membership Renewals

After several delays and problems related to the Australian Canoeing (AC) DNA membership system , AC opened the system up on the 15 June for Members of SCC to renew / join the SCC. Over the last couple of years AC has endeavoured to offer a membership system which is user friendly for our members and which will expedite the renewal system / procedure. This has been a work in progress but is beginning to be appreciated by our members. No need to keep filling out the paper forms with the old renewal system and mailing them in to the Registrar. Once you have persevered with the online renewal system most would agree it has become quite easy to use and easy to update.

Unfortunately AC put its fees up by \$2 across the "board". The fees levied by SCC still stands at \$29 and the VMR fees is also the same at \$51. The typical membership for an active paddler is \$177.

The SCC fees schedule for 2016-17 and the new categories of membership have been emailed to members. The membership types/ categories are shown below.

Basic Skills Paddler

Senior Sea Kayak Paddler

Senior Competition Paddler

Senior Recreational Paddler

Junior Recreational Paddler

Junior Competition Paddler

Second Club Competition

Second Club Recreational

Trial Paddler

Family Membership

Social Member

Basic Skills

The Basic Skills program has contributed over 40 members to the total membership of the SCC. It has proven to be very popular and all who have participated in the course have said how much they have enjoyed the instruction received. Many of the course graduates have re-joined the club and our aim is to encourage more members to re-join the club by participating in more supervised training days as they progress to a Grade 1 level paddler.

The Basic Skills course is an Australian Canoeing certified course and is run by our AC certified instructors. Normally the course period is from September to May but recent interest from the public saw a special intake of an extra five participants to participate in the course.

Congratulation to our newest members of the SCC and recent graduates of the Basic Skills course run in June. These brave people who braved the winter waters are David Giles, Paul Flaherty, Lisa McCarthy, Greg Heard and Paul Ross.

All the best to our Novice Paddlers who can now take advantage of further training offered by the SCC and can progress to Grade 1 paddler status with the Sea kayakers or paddle with the Creekies as recreational paddlers.

Ian McDade

SCC Membership Coordinator

SCC St Helena Tour, 18 June 2016

The paddle started from the Port of Brisbane. Whyte Island boat ramp seemed somewhat surreal with dead calm waters and clear skies, a marked contrast with the flooding rain and storms forecast for the latter part of the weekend.

Not wishing to get caught up in any bad weather, 18 of us set off at a brisk pace on the high tide across the channel heading straight for the mangroves. Mangroves? Hang on, shouldn't we be heading south to go around the seemingly impenetrable forest ahead?

Despite assurances that there was a passage through I was somewhat sceptical – even a few metres away all I could see was an unbroken line of trees – was this a trick to lure an unsuspecting new paddler into the mangroves for some sort of dubious SCC sea-kayaker's initiation? But no, Rob darted ahead and suddenly, magically, we were in a narrow and enchanting channel which wound its way through the mangroves for nearly 2 km before discharging us onto the Bay proper, directly in front of our island destination, St Helena.



The Passage



to St. Helena

According to organiser Selwyn, planning this trip has taken the best part of 2 frustrating years. Fortunately for us he persevered, as it turned out that St Helena is an amazing place with a fascinating history as we were about to discover.

After a relaxing paddle in the calm conditions and morning tea on the island we were met by Roland, the QLD Parks & Wildlife ranger and our guide for the tour, along with his assistant Brett. It turned out that Roland has been working on the island for over 20 years and his unsurpassed knowledge and passion for St Helena ensured our near 2-hour trip flew by. Thirteen of us took the tour, the remainder of the group (who had all been on previous tours) opting for some additional paddling practice by circumnavigating the island.



Roland's Briefing



Morning Tea

I for one was intrigued by the history of the island, not a place that I knew much about previously having been born & raised on the other side of the planet. A few interesting "did-you-knows" that I gleaned from the tour include the fact that the first passenger tram car service was built on the island in 1885 (some of the tracks still remain) and that the island ran its own dairy cattle which won awards at the Brisbane Show (see below for more interesting facts).



Gaol Ruins

The tour finished with a quick visit to the small but fascinating museum. The model of the settlement as it would have stood at its peak was particularly interesting as it gave a great impression of the scale of the gaol which is hard to visualise from the limited remains. Sadly, most of the prison was demolished and much of the material, particularly the timber, recycled elsewhere in Brisbane – not much went to waste in those days!

On returning to our picnic tables we discovered that the enterprising local wildlife had raided some of the lunch-bags. They had somehow managed to unzip one bag and remove a banana, puncture a water carrier and also fly off with an entire bag of food. To date the culprits remain at large...one wonders whether they learnt to steal so well from the former inmates of the island.

Reuniting with the circumnavigators and a quick “second morning tea” (for those lucky ones who hadn’t had their remaining food stolen) we set off back for the mainland. It was close to low tide and we had been warned about the shallows.

We soon split into 2 groups, the Southern Pod (the Sensibles) who headed way South and the larger Northern Pod (the Sheep) who blindly followed a certain pod leader in a more direct route to the Port. However, this led the Sheep straight towards a large sand bar inconveniently located between the island and our home destination, necessitating a detour and a long paddle through 18 inches or less of water!

There were a few smug looks on the Sensibles faces when we finally met up before the final paddle home. With us all keeping between the channel markers this time! The wind even picked up to about 6 or 7 knots which prompted two sails to go up briefly but it was more a case of wild optimism as the wind died down a few minutes later.

All in all, a great trip which left those of us that did the tour much the wiser and appreciative of the hardiness of both the inmates, who had to endure cramped quarters and a very strict, oppressive regime, and also the warders who lived on the island, often for 2-3 months at a time without seeing friends or family.

Thanks go to Selwyn Gray for organising the tour and to our Qld Parks & Wildlife guides Roland and Brett – anybody who hasn’t yet been to St Helena should consider visiting this gem of a site on our doorstep!

Trip details – Port of Brisbane boat ramp to St Helena Island – round trip of 14.5 kms (25 kms for those that also did the circumnavigation).



Richard W – Cannon Fodder

More “Did-You-Know’s” about St Helena:-

- There is evidence of aboriginal use of St Helena going back about 3,000 years.
- In the 1850’s there was a dugong industry with the oil being much sought after, but over-fishing (not surprisingly) saw their numbers significantly decline and the industry was, fortunately, short-lived.
- The island was initially intended as a quarantine station but, after less than a year, it was decided to convert it to a high security colonial prison in 1867. It operated for over 60 years before closing in 1932.
- St Helena became Queensland’s prominent gaol for men. Discipline was strict and punishments severe and it gained a fearful reputation as the “hellhole of the Pacific”.
- At its peak in 1890 it housed approximately 250 inmates (all male).

- (In)famous inmates included leaders of the Great Shearers Strike in 1891.
- Due to its isolation, by necessity, the island had to be self-sufficient. Extensive workshops for boot-making, sail-making, tailoring, saddle-making, tin-smithing & carpentry were built as well as a bakery and butchers shop – it is said that many prisoners went in unskilled but nearly all came out with a trade (those that survived that is).
- Escapes were rare and it was considered just about impossible to do so due to the island’s isolation and strong tides as well as the presence of the odd shark or two – of 50 that attempted to escape only one was not re-captured.
- The island had one of the first sugar cane plantations and the first sugar mill in Queensland.
- The island was gazetted as a National Park in 1979.

Phil Plant

What does an IP57 Rating mean?

IP	6	8
“Ingress Protection”	First Digit: Solids Protection	Second Digit: Liquids Protection

Ingress Protection (IP) and what it means

The IP Code (or **International Protection Rating**, sometimes also interpreted as **Ingress Protection Rating***) consists of the letters IP followed by two digits and an optional letter. As defined in international standard IEC 60529, it classifies the degrees of protection provided against the intrusion of solid objects (including body parts like hands and fingers), dust, accidental contact, and water in electrical enclosures. The standard aims to provide users more detailed information than vague marketing terms such as waterproof.

The digits (characteristic numerals) indicate conformity with the conditions summarized in the tables below. For example, an electrical socket rated IP22 is protected against insertion of fingers and will not be damaged or become unsafe during a specified test in which it is exposed to vertically or nearly vertically dripping water. IP22 or 2X are typical minimum requirements for the design of electrical accessories for indoor use.

<u>First Digit: Solids</u>	<u>Second Digit: Liquids</u>
The first digit indicates the level of protection that the enclosure provides against access to hazardous parts (e.g., electrical conductors, moving parts) and the ingress of solid foreign objects.	Protection of the equipment inside the enclosure against harmful ingress of water

An IP67 Rating would mean

6	Dust Tight	No ingress of dust; complete protection against contact.
7	Immersion up to 1m	Ingress of water in harmful quantity shall not be possible when the enclosure is immersed in water under defined conditions of pressure and time (up to 1 m of submersion).

See full article here: [Click Here to view/download](#) a PDF Version of this compliance letter.
Ian McDade

Guatemala Beer

I have just discovered why Gary can afford new kayaks regularly. I discovered that he is a Beer Baron in Guatemala. Here is the proof.

Phil Woodhouse

Editor's note

Google research yielded the following Comment:-

Utz Pin Pin Café is A surprisingly delicious beer from Guatemala. Semi sweet, hint of chocolate and coffee.



FOR SALE TSUNAMI 145 SEA KAYAK Selling for \$1200 ono. (\$1,999 new)

Owner moving overseas so reluctantly selling my much loved kayak, purchased from Rosco's in 2012.

This kayak makes sea kayaking easy -super stable and glides in the water. It is kayak fast, the rudder makes it handle easily and bonus points, it fits female hips in it!

I've mainly used this one to potter around Scarborough and Redcliffe,



Phone Helen - mobile: 0412799044

General Paddle Information

- All Paddles shown in the newsletter or amendments otherwise issued are sanctioned.
- All Paddles from Yundah St on Saturday are sanctioned.
- All **Tide times are Brisbane Bar** and **actual tide times** at the start point will need to be **adjusted**.
- All paddles start at **8am on the water** on Saturdays and Tuesdays unless otherwise specified.
- All paddles on Sunday have start time at the discretion of the leader.
- There are some sanctioned Paddles on Sunday from Yundah St (Club members notified by E Mail)
- All Distances are return.
- All paddles are for everyone subject to self-assessment in accordance with the club paddle grading system.
- **Please contact the trip leader by phone the evening before the paddle to verify numbers or possible venue change.**
- If the trip leader is not available contact one of the paddle committee members.
- 'In House' training is peer supported training with experienced club members.
- We want to make paddling as interesting and enjoyable as possible, if you have any ideas for a paddle contact one of the paddle committee members.
- **The Sign on Sheet and Float Plan must also be completed:**
It is a requirement for all Club Paddles into the Bay or open waters to complete a risk assessment (SCC Float Plan) prior to the paddle being started, assess the suitability of the paddle given the conditions, appoint the key roles of Team Leader and experienced paddlers, and ensure adequate equipment is being carried for the assessed conditions. **Available under the resources tab on the SCC website.**
The sign on sheet must also be completed.
The following link will take you to the relevant website page. [Resources Tab](#)
- **Race Training paddles** – most mornings – paddle from Yundah St. (see racing paddlers for Details)
Sandgate Handicap Time Trials Every 2nd Saturday
Saturday of the month Doubles Handicap Time Trial approx. 11.5km
Every 3rd Saturday of the month Single Handicap Time Trial approx. 11.5km
Tide consideration is important.

DISCLAIMER:

By its very nature sea kayaking is a dangerous sport. The obvious risks include exposure, fatigue, physical trauma and drowning.

You participate in these activities entirely at your own risk on the understanding that you are aware of these risks and voluntarily accept them and that you are also aware that no one is liable in negligence for any harm that you may suffer as a result of engaging in them.



*A Local
St. Helena Paddle 18 June
Photo by Richard*

Paddle Plan

July 2016

July 2016	Tide	Ubd	Venue/Event	Distance Km	Grade	Leader	Comments
Sat 2nd	07.22 1.96H	111-F9	Yundah St AGM at VMR 10.00-12 noon	15	all	Decide amongst experienced paddlers	First of the month all at the creek <u>Beginners come and paddle in the Bay off Sandgate with the experienced sea kayakers.</u> Bring you spray deck. Sea Kayak/Tidemark/PFD
Tue 5th	10.02 1.93H	52-P11	VMR Bribie to Mission Point	26	2	Gary Utz	[Marine Pde.]
Sat 9th	07.09 0.55L	91-F18	Pelican Pk to small Bch @ Scarborough	20	2	Lynne Dean	[opp Thomas St.]
Tue 12th	09.12 0.64L	206-R20	Victoria pt to Playpus Bay	22	2	Kaye Watson	[Colburn Av. Then left to VMR]
Sat 16th	06.32 0.49L	185-P12	Cleveland to Wellington Pt	26	2	Gary Bergman	[Masthead Drive]
Tue 19th	08.51 1.87H	206-R20	Victoria Pt to Erapah Ck	22	2	Janelle Ellwood	[Colburn Av. Then left to VMR]
Sat 23rd	06.07 0.41L	82-B12	Scarborough (Pirate Pk) to Scotts Point	18	2	John Taylor	[Car park off Kennedy Esp.]
Tue 26th	08.19 0.44L	63-C1	Bongaree to Skirmish Pt via Gilligan's Is	22	2	Maree Mills	[South Esp.]
Sat 30th	06.10 1.80H	143-J16	Oyster Pt to Wellington Pt	22	2	Reg Bright	[off Glenora St Wynnum North]

August 2016

August 2016	Tide	Ubd	Venue/Event	Distance Km	Grade	Leader	Comments
Tue 2nd	09.02 1.89H	41-M17	Toorbul to Lime Pocket	25	2	Kaye Watson	[Esplanade & First Av.]
Sat 6th	11.42 1.92H	111-F9	Yundah St	15	all	Decide amongst experienced paddlers	First of the month all at the creek <u>Beginners come and paddle in the Bay off Sandgate with the experienced sea kayakers.</u> Bring you spray deck. Sea Kayak/Tidemark/PFD
Tue 9th	07.29 0.56L	41-M17	Toorbul to Bongaree	19	2	Cheryl Christensen	[Esplanade & First Av.]
Sat 13th	11.12 0.61L	308-E9	Jacob's Well to Tiplers	26	2	Selwyn Gray	[Jacobs Well Rd.] North end of car park
Tue 16th	07.45 1.81H	143-F1	Whyte Is to St Helena and Green Is Via Mangroves	20	2	Maree Mills	[off Port Dv. South side of boat passage]
Sat 20th	10.47 2.10H	82-B12	Scarborough (Pirate Pk) to Arthur Davis Pk Sandgate	28	2	Gary Bergman	[Car park off Kennedy Esp.]
Tue 23rd	07.03 0.34L	100-D6	Doyles Rocks to Petrie	20	2	Rob Nelson	[Doyles Rocks Rd]
Sat 27th	11.03 0.49L	143-J16	Oyster Pt to exposed eastern beach Mud Is	32	2	Selwyn Gray	[off Glenora St Wynnum North]
Tue 30th	08.04 1.87H	41-C18	Meldale to Elimbah Ck	30	2	Janelle Ellwood	[Way St.]

Sept 2016	Tide	Ubd	Venue/Event	Distance Km	Grade	Leader	Comments
Sat 3rd	10.38 2.02H	111- F9	Yundah St	15	all	Decide amongst experienced paddlers	First of the month all at the creek <u>Beginners come and paddle in the Bay off Sandgate with the experienced sea kayakers.</u> Bring you spray deck. Sea Kayak/Tidemark/PFD
Sat 3rd	10.38 2.02H		Toorbul to Camp at Caloundra	26	2	Cheryl Christensen	
Sun 4th	11.11 2.03H		Camp at Caloundra to Toorbul	26	2	Cheryl Christensen	
Tue 6th	06.09 0.44L	111- F9	Yundah St			Decide amongst experienced paddlers	
Sat 10th	09.09 0.70L	91- F18	Pelican Pk to Scarborough	20	2	Gary Utz	[opp Thomas St.]
Sat 10th		Fern vale	Wivenhoe Dam Wall to Burtons Bridge	32	2	Richard Womack	Some minor Rapids may be experienced. Meet at Fernvale Pie Shop at 7.00 AM
Tue 13th	06.32 1.71H	288- A9	Cabbage tree pt to Tipplers	30	2	Graham Moorhead	[Cabbage Tree Pt. Rd. Steiglitz]
Sat 17th	09.43 2.21H	226- Q18	Wienam Cr.- Karragarra- Canaipa - Russell	25	2	Graham Bell	[Esplanade Rd]
Sat 17th	09.43 2.21H	99L- 10	Murumba Downs to Petrie and beyond	22	1	Richard Womack	[end of Pine River Drive]
Tue 20th	05.54 0.21L	111- F9	Yundah St to Woody Pt	17	2	Maree Mills	
Sat 24th	09.26 0.58L	63- C1	Bongaree to Skirmish Pt via Gilligan's Is	22	2	Kaye Watson	[South Esp.]
Tue 27th	07.01 1.82H	82- B12	Scarborough (Pirate Pk) to Scotts Pt	18	2	Gary Utz	[Car park off Kennedy Esp.]

Using your mobile phone in an emergency

Dial **112** instead of 000. While you can still use 000, there are a number of advantages in using 112:

- ✓ your phone will connect to the nearest tower irrespective of who your supplier is
- ✓ you do not need to have credit on a pre-paid mobile, and
- ✓ your position may be able to be triangulated (depending on where you are).

The box of really useful stuff

Websites

Sandgate Canoe Club: <http://www.sandgate.canoe.org.au/>

SCC Documents: [Policies and Procedures](#)

Queensland Canoeing: <http://www.qld.canoe.org.au>

Australian Canoeing: <http://www.canoe.org.au>

Weather:

<http://www.seabreeze.com.au/graphs/qld.asp>

<http://www.bom.gov.au/jsp/marine/wind/index.jsp>

<http://www.willyweather.com.au/>

<http://www.windguru.com/>

Tides: <http://www.bom.gov.au/oceanography/tides/MAPS/qld.shtml>

[Queensland Tides Table:](#)

Beacon to Beacon:

<http://www.msq.qld.gov.au/Boating-maps/Moreton-Bay-guides.aspx>

Acknowledgement

Sandgate Canoe Club would like to acknowledge and thank our Club Patron Councillor Jared Cassidy for his assistance in printing a number of copies of the newsletter for distribution to our members.

Club Officials

Position	
Club Patron	Jared Cassidy
President	Christine Gissing
Vice President	John Blackley
General Secretary	Michael Locke
Treasurer	Richard Womack
Membership Registrar	Ian McDade
Management Committee Members	Melissa Bull, Paul Lange, Leighanne Exon
Basic skills co-ordinator	Margaret Micale
Basic Skills instructors	John Blackley, Janelle Ellwood, Graham Moorhead, Graham Bell. Kayak Life Guards: Selwyn Gray, Bill Young, Gary Utz, Bary Bergman, Lynn Dean, John Taylor, Mark Mustchin, Marco Pitot, Bruce Pilcher,
Paddle planning co-ordinator	Graham Moorhead
Paddle Planning Committee	Graham Bell, Cheryl Christensen, Janelle Ellwood, Selwyn Gray, Richard Womack
Club Coach	Lawrie Fagan
Assistant Coach	Melissa Bull
Racing Secretary	Paul Lange
Boat Booking Officer	Greg Litherland
Equipment Officer	Selwyn Gray
Equipment Maintenance	Paul Wilson
Newsletter editor	Andrew Contoleon
Website manager	Michelle Fraser
Librarian/Newsletter distribution	Cheryl Christensen
Grievance Officer	Selwyn Gray
Clothing Coordinator	Ruth Hatcher
Social Coordinator	Linda Parsons
Social Committee Members	John Blackley, Neville Holden, Wayne Lee, Bruce Pilcher, Ron Roberts
Delegate to QC	Bruce Pilcher
Returning Officer	Selwyn Gray
Life Members	Gary Hatcher, Lawrie Fagan, David Massam, Linda Parsons, Kay Smith, Jo Nott, Sue Gollagher, Bruce Pilcher

SCC Library List (Contact Cheryl Christensen to borrow any of the below)

Canoeing and Kayaking	
Path of the Paddle	<i>Bill Mason</i>
An Introduction to Sea-kayaking in Queensland	<i>Gerard Effeney</i>
Sea Kayaking	<i>Johan Loots</i>
The Complete Book of Kayaking	<i>Derek Hutchinson</i>
The Complete Sea Kayakers Handbook	<i>Shelley Johnson</i>
Canoeing and Kayaking - Crowood Sports Guide	<i>Marcus Bailie</i>
Teach Yourself Canoeing	<i>Ray Row</i>
Canoeing Down Under	<i>Terry Bolland</i>
Canoeing the Rivers and lakes of QLD and Northern Territory	<i>McLaughlin</i>
Complete Sea kayaking Touring	<i>Jonathan Hanson</i>
Keep Australia on Your Left	<i>Eric Stiller</i>
The Dreamtime Voyage	<i>Paul Caffryn</i>
Canoe Touring in Australia	<i>Leigh Hemmings</i>
Places to Paddle	<i>Gerard and Tina Efeney</i>
Extreme Kayaking	<i>Soares & Powers</i>
Fit to Paddle	<i>Rocky Snyder</i>
DVDs	
Nigel Foster's Sea Kayaking Series	
1	Getting Started
2	Essential Strokes
3	Directional Control
4	Rescues
5	Forward paddling
6	Rolling and Bracing
Yoga for Paddlers	<i>Andria Baldwin</i>
Sea Kayak Rescues	<i>North Water</i>
This is the Roll	<i>Justine Curgenvan et al</i>
This is the Sea	<i>Justine Curgenvan et al</i>
First Aid and Safety	

Safety Handbook - Qld Recreational Boating	<i>Qld Transport</i>
Marine Operator's Handbook	
Marine VHF Radio Operators Handbook	
Sports Injuries and Stretches	<i>Levy & Fuerst</i>
Sports Injuries	<i>Vivian Grisegono</i>
Canoeing Safety and Rescue	<i>Doug Mckown</i>
Handbook of Safety	<i>Alderson and Pardy</i>
SeaKayak Rescue	<i>Schuman & Shrinen</i>
Birds and Wldlife	
Australian Birds - The Slater Field Guide	<i>Slater</i>
Field Guide to the Birds of Australia	<i>Simpson & Day</i>
Wild Guide to Moreton Bay	<i>Qld Museum</i>
Wildlife of Greater Brisbane	<i>Qld Museum</i>
Living with the Environment in the Pine Rivers Shire	<i>Pine Rivers Shire Council</i>
Watching Wildlife Australia	<i>Lonely Planet</i>
Down amongst the Mangroves	<i>Susan Quinnell</i>
Trees Plants and Wildflowers	
Australian Wildflowers -Field Guide	<i>Denise Grieg</i>
Trees and Shrubs	<i>Botanica Pocket</i>
Weeds of Queensland	<i>Dept of Primary Industries</i>
Grow your own Wildlife	<i>Johnston and Don</i>
Greening your own Australia	<i>Johnston, Waring & Gorrie</i>
Dinkum Gardening Creating a Bushland Garden in Brisbane	<i>Tim Low</i>
Australian Rainforest Plants -I, II, IV V	<i>N&H Nicholson</i>
Poetry	
Images of Bramble Bay	<i>Joan's Desk Qld</i>