

# Sandgate Canoe Club

## Newsletter

June 2016



*Wetlands Wander 22 May 2016*

*Start from Yundah Street.*

# From the Presidents Deck Chair

June 2016

Hi Team

And I say "Team" with emphasis. In this, my second to last *Address to the SCC Nation*, I quote our Chef de Party at the Wetlands Wander, Linda Parsons, who said that the success of our big event was due to the SCC team spirit - "Great Club - great family."

I sit and write at the end of the Wander day where I am shattered yet elated. Having worked alongside amazing people, like Lawrie Fagan who continuously inspires me, both in his paddling and his commitment to our Club. Next to Michelle Fraser, who worked tirelessly promoting and preparing. Next to Paul Lange, Melissa Bull, Nev Holden and John Blackley who quietly but consistently worked for months before to have everything ready. Then on the day the team sprang to life with 40 volunteers who brought family and friends as well to assist. Amazing generosity abounded with cash donations from Peter Mollineux and Bill Ledgerwood. Cooks, office workers, safety paddlers, first-aiders, officials and runners. It was truly fabulous.

What I saw today is the spirit that attracted me to SCC and keeps you all here. Thank you all for this spirit in all we do - whether it be the Wander, welcoming new members or running a paddle.

As I prepare to pass over the President's baton at the July 2nd AGM I ask you all to consider how to keep this spirit going, I see the need to plan for the future in engaging our members, supporting new paddlers and sharing an inclusive spirit. What you want to see is important. To be heard please attend the AGM.

Enjoy this beautiful winter paddling weather,

Chris



## Wetlands Wander Results:-

The results of the Wetland wander are at

<http://sandgate.canoe.org.au/wp-content/uploads/sites/48/2016/05/WW-2016-published-results-1.pdf>



Coffee



Presentations

Wetlands Wander. 22 May 2016

## Welcome

Welcome to the Sandgate Canoe Club June newsletter.  
As always thanks are due to the many people who make this newsletter possible.  
Take Care  
Andrew Contoleon  
Newsletter Editor

## Questionnaire

A member survey was conducted on the Club newsletter. The survey sought feedback on how the Newsletter was meeting members' needs and how it could be improved.

We thank all who responded to the questionnaire. Forty six people took the time to fill in the questionnaire.

Thanks are due to Claire Brereton for her work in setting up and managing the web based survey.

A summary of the results is attached at the end of the newsletter.

The results will be discussed at the June executive meeting and any recommendations will then be in the July newsletter.

Cheryl Christensen is the winner of the draw of those for who responded to the questionnaire. As a result Cheryl will receive a Club shirt.

Andrew



*Sailing*



*Morning Tea*

*Paddle Tuesday 24May – Photos by Richard*

## Paddling Emergencies - Exercises

The following exercises were introduced by the Trip Leader Gary Utz on a club paddle from Bell Beach to Scarborough on 3 May 16. Not only did Gary's innovative introduction of these unusual and unexpected on-water activities liven up an otherwise uneventful paddle it highlighted some of the situations that could occur, and were very instructive and educational. The solutions that were brought up by various members of the pod, I found both instructive and educational and some were darn-right impressive in their originality and usefulness. It also highlighted the importance of carrying safety equipment at all times.

### Kayak hits a rock and becomes unseaworthy

- Wrap gaffa tape right around the kayak body. If possible tilt the kayak (probably need two to do this) and put extra tape around the hole-area.
- If land is close then paddle to land and apply more gaffa tape.
- If too far from land, also consider inserting a paddle float which is then blown up within the holed section.

### Paddler Feels Sick

- If the paddler is able to paddle, designate a member of the pod to paddle in close proximity to the unwell paddler.
- If the paddler cannot paddle, then the unwell kayaker's kayak to be towed with another person paddling alongside the unwell paddler's kayak.
- If the paddler is so unwell that immediate medical treatment is required, and cellular reception is possible dial 112 or 000. Otherwise broadcast on Ch 16 <sup>1</sup>.
- The above solutions also apply if the paddler has been traumatised by an on-water incidence (a capsized incident, shark attack etc).

### Hatch Cover Comes Off with Subsequent Ingress of Water into the Hatch

- Hand-pump the water out and re-fit the cover (if not detached and lost).
- If cover is lost then:-

Insert a paddle-float and then blow it up to inhibit ingress of water.

Use any available material to cover the hatch. (It may be necessary to obtain the material from an item of clothing.)

### Paddle Broken

- Canvas the pod for a spare paddle.
- If spare paddle not available a tow would be necessary<sup>2</sup>.

### Rudder broken

- If viable fix the rudder in place to act as a skeg.
- Paddler proceeds to paddle as in a skeg-kayak.
- If the paddler is unable to maintain good speed – for example unfamiliarity with paddling a kayak without a rudder - then a tow would be required.

### One paddler who cannot paddle and the other who is unwell.

The solutions depend very much on the actual conditions of the paddlers. However as a general rule, towing would be the option for one or both kayakers. Also, it would be opportune for the paddler who cannot paddle, but who is otherwise well, to give support and help to the unwell paddler.

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<sup>1</sup> **Securite:** warnings – least-important of the three distress signals.

**Pan-pan:** This is the second most important distress signal – an emergency which is not life-threatening.

**Mayday:** Most important distress signal – life-threatening.

<sup>2</sup> With a bit of practice hand paddling is quite a viable: in flat water speeds of 4-5 kph are possible. Gloves with webbed fingers would be a useful item if it is not practical to pack away a second paddle.

### Important lessons that were learnt during these exercises were:-

- Anticipating on-water emergencies with proper procedures ready to be implemented, together with adequate safety equipment within the pod, immeasurably helps in emergencies.
- It is easy to underestimate the importance of safety equipment. During the exercise it was learnt that some pod members had left their safety equipment behind.
- Even “humble” items such as gaffa tape and string are very useful in emergency situations.
- A paddle float is useful, not only for self-rescues but also for other functions.
- A VHF radio or mobile, preferably both, should be regarded as important safety equipment.
- In an emergency, if the right equipment is not available, then with some ingenuity substitutes can be found. For example, spare waterproof clothing can be cut into sections for use as rope or to cover holes in the hull (as a temporary measure).

Rob Nelson

### Murphy's Law Strikes SCC Tuesday 3rd May.

Paddlers fell ill, paddles broke, kayaks were holed, hatches filled with water, hands were badly cut, rudders broke, sharks circled. Well our paddle started off okay but soon things started to go pear shaped.

- Maree started to feel ill, but luckily Bill and I were able to do a v-tow until she recovered. As technically we were a long way from shore it wasn't an option to go into land and she wanted to continue.(Gary's Rule).
- Next Rob holed his kayaks so we pumped him out and after making an inspection we were able to get him to shore to affect a repair with gaffer tape.
- My turn next, cutting my hand badly as I hit coral and my back hatch filled with water. As I couldn't paddle I was towed to shore to medical aid, otherwise we would have used radios to call for assistance from nearby boats. Paddle float bags were used to stem water intake until we got to shore.
- Next up Reg broke his paddle but that was easily overcome as a numbers of us had spare paddles. As well Selwyn's' rudder broke and Graham was able to do a makeshift repair using a bungee. When it failed completely a tow was started, but Maree was again sick and a double tow insured.
- Just when we thought we were done, a BIG BIG shark circled Bill. He was having memories of falling in at Stradbroke and was having none of this. After rafting up and settling him, we were able to paddle very close either side as well as fore and aft to reassure him and get him into shore.

Morning tea-What a relief!!! We still weren't sure if Gary had any more surprises for us, but luckily we made it back to Bells Beach without incident.

What did we learn? Even if close to shore we need to carry all our safety gear every time. Spare paddles, repair kits, 1st aid, radios, towlines (15m at least). Don't rely on someone else having it all, they may have thought you'd have it. Many thanks to Gary Utz for organising this unexpected training day. Due to the surprise it tested our abilities and expectations. Well done.

Janelle Ellwood

## Saturday 14th May Paddle

Wynnum to Mud Island

Estimated 30km trip

10 paddlers in total all male kayakers as it turns out.

Selwyn was our illustrious leader on the day and he was adamant we needed to stick together as one pod as we were crossing open water.

At the same he was fully aware we had several fast paddlers in the pack and expected there may be 2 paddle groups as the paddle evolved. This would encompass a Rear Team and a Forward team which catered for the speedy, paddle fit kayakers.

Upon arriving at Wynnum we were greeted with magnificent May weather boasting a cool westerly breeze and clear water.

The ultra-clear water had attracted several dolphins who appeared to follow our paddling group for several km. Another plus for kayakers, as you won't see this magnificent site off the water.

We reached Mud after a number of well-earned water breaks. Landing point was a small pretty beach which was surrounded by sharp coral which was difficult to traverse due to its uneven surface.

Richard Sharp took the right action and anchored his new kayak off the beach rather than bring it to shore. In future we need to bring anchors.

Mud Island is one of Brisbane's best kept secrets and I for one would like to explore this magical island.

Selwyn got us moving soon after our coffee break as we had a long paddle ahead of us. We in fact paddled around the other side of Mud extending our km paddle home.

Wind was slight and we were at this time still a tight pod group, however as the wind picked up, we saw the fast paddle group break away from the main pod on the journey home.

A fleet of sail boats were coming from around St Helena heading directly towards us, we got around the first few yachts. We then quickly paddled to move out of their path. Once again a fascinating sight to see the sail boats up close. Richard Womack was fearless in taking some action shots of the yacht fleet with the boats bearing down on him.

Within 15 minutes of the stronger wind blowing up, the fast group was now 1km in front.

Our course home took us across shallow water which slowed our paddle speed to a crawl. We had now paddled 8 or 9 km further than our normal Saturday paddle, so we were now looking for a place to lie down!! We finally reached Wynnum to our relief, we were once again able to stretch those weary legs.

We had paddled precisely 33.3km, which is a testing paddle for anyone no matter what age they are.

Reg Bright

Photos From google groups posted by Ian



## Now here is a special opportunity

You may have sailed with the rest now here is the best and what's the other one, oh yes – carefully used only by an elder (none gender specific) on Sunday (no comment from you lot)

So fast that the US navy contracted it to run point as seen here in the shot taken by a clandestine camera somewhere on the open seas. You want fun and speed?



It's a modified wider Pacific Action, just ask our members how fast (wind needed)

Sale price \$50.00 with 100 year warranty – oh no that should be 100 seconds, Ok alright don't twist my arm anymore you drive a hard bargain \$40 to you

Call Selwyn 0407625129



*Lawrie*



*In Admin Office*

*Wetlands Wander. 22 May 2016*

*Yundah Street Start*



## ANZAC Weekend Camp at Upper Noosa 2016 – Part Two

### About That Viking ...

In the last issue you will have read that our Viking leader, “Richard” (or Rikhard meaning “mighty, distinguished, hard, strong – a true leader’s name ☺) led us on a quest up the mighty Noosa River to waters unknown – well by some, at least.

Tales have already been told of our various expeditions by water and beyond – across land to discover sea – in true Viking style.

One day, whilst our leader and the other three remaining unconfirmed Vikings took to the water to explore the upper reaches, I decided to explore the not-so-often trodden track to Campsites 1 and 2 to ascertain whether these areas would be worth raiding. But alas, they did not offer enough bountiful rewards, so deserved by a true Viking; nonetheless my trek was still rewarding:

The true story of Rikhard the Intrepid, Kim the Brave and Phil the Dauntless has not been told. After a 3-4 hour wait at Kinaba, it was decided that the wind had dropped (or, perhaps it had not). Nevertheless, the horn was sounded and we ventured out from the howling gale at the visitor centre to our longboats, just as a SWW was issued ... an Everglades boat passed by – should we ask for a lift – no, we were fearless! Boarding our longboats proved difficult due to the strong headwind, and Ruth the Chicken Hearted had to hold each longboat until we were securely inside. With oars raised high – we forged forwards. Waves smashed against our boats, wind screeched past our ears, but we held fast (and close to land) into the bay, and made good progress, despite Phil the Dauntless who kept saying “are you sure we are moving?” I am pleased to say the Indomitable Three made it to shore just as the light was fading to be reunited with Ruth the Boar Slayer. An exciting end to a true Viking adventure.



By Kim (an unconfirmed Celt).



## Timeline of trip

### Saturday 23rd April

9:30am - Main raiding party (minus Gary the Bergman) left Elanda Point National Park beach.  
10:30am - Visited abandoned settlement at Kinaba for sustenance, before the push into the upper Noosa River  
12:00pm - Reached the outpost of Harry's hut and found Gold (Corona) and shade. Enjoyed a midday feast.  
2pm - Arrived at our base in the new frontier, Camp site 3. Established our habitation for the stay  
4:30pm - Relaxed on the jetty to watch the sun go down and sampled red and wine wines with pre feast nibbles  
5pm Gary the (Cowboy) Bergman arrives  
6pm onwards – Feasting and merriment

### Sun 24th April

Breakfast, then at 8am the trek up the mountain to the golden desert (Sandpatch).  
9:30 Anzac biscuits at the end of the path (protected by the trees) away from the raging sand storm  
10am Party split with the explorers (Rob, Gary, Phil and myself) heading off in search of the Golden Gaytime!  
The more timid heading back supposedly for a paddle (really a sleep).  
4:30 – Sunset/night paddle. John, Rob, Ruth, Kim & Richard. Others, as per Saturday.  
6pm onwards – Feasting and merriment

### Mon 25 th April (Anzac Day)

8am – The deserters (John, Rob, Julien and Terry) retreated back to Elanda Point, to enjoy strong head winds and 3.5hr in traffic (their just deserts!)  
9am – The adventures (Gary, Phil, Ruth and myself) left to explore the river to camp site 15 and beyond. Kim had a more relaxed day and went foraging along the path to camps 1 & 2.  
3:30pm – Returned to camp from the wilds, Noosa River blockage, Teewah Creek, Camp site 9 and more.  
4:00 scheduled game of two up aborted in favour off chilling out and getting ready for sunset etc

### Tues 26th April

Lazy breakfast and pack up  
10am – Hit the river for our triumphant return!  
11am – Gary departed at Harrys hut, demonstrating how a true Viking could haul out his fully loaded longboat by himself. I was most impressed.  
12am – Crossed the grasping water lilies. Kim was lucky to get away  
12:15 – Arrived at Kindaba, the surf and wind. Had to moor I longboats on the land behind the building, out of the waves.  
3:30pm – made a decision for Kim, Phil and myself to attack the waves and try and make it back to the point. Ruth decided against this brash move and made arrangements with her Clan to pick up her kayak in the morning. She bravely decided to walk back in the dark forest!!!  
2:30pm – Gary the Saviour went in search of us and was worried we did not pass Mill Point. Subsequently arranged the Ranger for an emergency mission!  
4:30pm - The survivors reached Elanda Point  
5:30pm – Reunited with Ruth after her trek and headed for home in our Oxon Carts!

Well that's what happened!!!!

Cheers  
Richard

## The Quest for Ice Cream (Golden Gaytime)

The idea of popping out to get an ice cream is generally not something worth writing about, However, when you are camping many miles from civilisation (in this case somewhere along the deepest darkest reaches of the Upper Noosa River), suddenly the prospect of a Golden Gaytime seems like the biggest luxury on the planet.

*"You know, I'm sure there is an ice-cream van that used to drive up Teewah Beach"* proclaimed Gary (Bergman) one evening. This prompted a long and heated discussion over "several glasses of wine" about whether this phantom ice cream seller ever really existed and, if he did, what were the chances he was still in business? Even if he was, could we find a way to get to him?

As a break from paddling, a walk from our camp (Camp 3) to the Cooloola Sandblow was planned for the next morning (Sunday). A good 12km round trip with a bit of a climb but worthwhile for the great views over the lakes in one direction and Ocean in the other. However, Richard, our trip leader and intrepid explorer of long-lost creeks and paths, was sure there was a track from the sandblow through the bush and then onto the beach. Although nothing was marked on any map, it seemed conceivable there could be a way through. Meanwhile, Gary was convinced that if we could make it to the beach we'd find his Ice-Cream Man. So, all we had to do was

- a) Find the fabled track
- b) Hope it was still accessible
- c) Get to the beach to coincide with the right tide
- d) Await the arrival of Ice Cream Man who may (or may not) exist

What could possibly go wrong?

The day was surprisingly warm, nevertheless we made good time up to the Sandblow. By this time the wind, which hadn't seemed so strong back at our sheltered camp, was positively howling. Still, this did not distract from our enjoying Richards Anzac biscuits (thanks Elizabeth) and drinks before the group split up with 5 returning to Base Camp and 4 brave souls (Richard the Viking, Rob the Wineless, Gary the Saviour and Phil the Creekie) pressing onwards and upwards over the Sandblow in search of the elusive hidden track.

The Cooloola Recreation Area, which along with Fraser Island forms the Great Sandy National Park, is quite unique and beautiful and worth the effort if you like the peace and solitude. It is certainly very different from your usual bushwalk around Queensland. Apart from the odd sensation that we were stomping across the desert in search of Lawrence of Arabia, there were a couple of other strange things along this journey. First, we encountered a set of vehicle tracks which disappeared up a near-vertical sand dune. This had us baffled as there was no obvious way into the area other than on foot. Alien spacecraft were mentioned as a possible explanation but it could have been the effect of too much port the night before. Next a mysterious, lone tall tree stump rose out of the middle of the "desert", seemingly a marker post for the Great Sandy Walk. Was it planted there deliberately to aid walkers, or was it just a remnant of the old forest? Who knows.

Finally, we found the start of what seemed to be a path, albeit somewhat overgrown. Blithely ignoring warning signs for day walkers to PROCEED NO FURTHER we further proceeded down the path, the lure of ice-cream having become too strong a temptation.



Less than an hour later we emerged onto a very windswept Teewah Beach, most of us scratched and scraped from the untamed bush, all except Rob, the only one smart enough to have set off with long sleeves and long trousers. We sat on the sand dunes watching the large number of 4WD's charging up and down the beach.



Within 30 seconds (I kid you not) Gary B casually noted that he thought one of the vehicles with a bright red trailer was the Ice-Cream Man. Surely not. We all assumed he was having us on. But no, he was deadly serious and within seconds four fully grown and usually sensible adult men were running down the dunes like 10-year olds shouting & frantically waving their arms at the big red truck. To our surprise, the vehicle was indeed the fabled Ice Cream Man and he duly pulled up alongside us. We couldn't believe it. The odds of us emerging the very second that the Ice Cream Man was trundling past that very spot were probably greater than Leicester City winning the English Premier League (just Google it!).

Gary the Saviour became an instant legend - well for 5 minutes at least.

Yes, Golden Gaytimes were consumed as were hot sausage rolls (an unlikely combination but we were not going to let this opportunity pass). To add to the bizarre situation, passing 4WD's now began stopping and Ice Cream Man did a roaring trade for a good 15 minutes causing traffic chaos on the beach. The only downside was that he didn't sell red wine, a huge disappointment to Rob who had somehow managed to forget to bring probably THE most important camping item after toilet paper.

Finally, the 4WD's departed and we spent a few minutes happily exploring the beach and the coloured sands, which start at about this point, before heading back to camp with full stomachs and a story to tell. Fortunately, we had taken some photos and saved the ice-cream wrappers as evidence.

Otherwise who would have believed us?

Phil Plant



## Basis for Richard been a Viking,

Richard recently had a DNA test, as his daughter is very interested in genealogy. With red hair (or at least used to have!), he knew that there had to be some Viking DNA, as this trait comes from them. To his surprise 53% of his DNA is of Scandinavian origin (Southern Norway and Sweden) and only 36% from Britain. Thus he may be considered an ethnic Viking. Hence the references to Viking in the camp articles.



## To the End of the River and back! (Explore the River to camp site 15 and beyond)

When we reached the End of Civilisation (Camp site 15), Ruth undertook a reoccupation and set up a base camp, so that Gary Phil and myself could venture into the outer limits. First we headed upstream on the Noosa River expecting a blockage within 500m, however this was not the case. The river remained wide, natural and remote. There was a magnificent Sea Eagle watching our progress. However 1.2km up from Camp site 15 we found the end of navigation. The river split and both branches were blocked, the main one with a large log.

We returned along our path and turned to the left to enter Teewah Creek. Whilst I am sure the Noosa River is flowing, it is not as evident as in the Creek. Here the flow of pure tea strained water can be clearly see. Flowing from the sands, it is probably as natural water can be, so we all had a wonderful taste! The creek is relatively narrow, perhaps 10m at maximum, with many obstacles, such as fallen trees. Thus to navigate in our Longships was a bit of a challenge. We had to veer left and right, ducking under fallen trees and avoiding sand banks.

As I had planned, we were in the creek at the best time, when the sun was overhead and were rewarded with wonderful views of Teatree water over white sand, with green vegetation and a blue sky. A fantastic assault on the senses! - The creek meanders, with steep sandy banks perhaps 4 or so metres high. It is however mainly quite shallow, with the deeper sections where the main flow occurs.

We made slow progress around the obstacles for approximately 1.5km, before coming upon a fallen tree allowing only a 500mm gap. As my Raider is 550mm wide I forced my way through only to find I could not turn into the flow, so was forced sideways. As the creek was quite narrow here I was forced to try and reverse out! Unfortunately because of the small gap I was aiming at and the current, I keep heading into the bank and was trapped!! Gary then came to my rescue, by positioning the front of his Sequel through the gap and behind my boat, he was able to guide me out. This saved the embarrassment of a midstream exit, but I still had to complete a 28 point turn to face downstream.

Gary and I returned towards the River to find that Phil had decided to give up the folly and was enjoying a break of on a sandy beach on one of the creek bends. It was such a top spot that I also got out to stretch my legs and enjoy the ambience.

Just after we got back on the water a gentle shower started, that got progressively harder. By the time we reached Ruth at Base Camp 15, it was quite heavy. One thing I noted with great interest was that the rain drops falling on the river did not just get absorbed, but sat on the surface as a perfect ball and rolled around before disappearing. I can only assume the effect was caused by the Teatree oils present.

When we headed for home we were also mainly heading into the winds, so we keep to the banks and crossed from side to side to minimise the resistance. As the river banks have trees to the water, this provided some good protection. Also where the rivers turns there were some sections where it was perfectly still and others where we gained some assistance. Not as good as on the way up where I effectively used my long axe (paddle) for some paddle sailing to achieve a speed of 6.5km!

We stopped at Camp site 9 for afternoon tea and here I try a new exiting technique. The water was deep, but near the bank it seem shallow enough to step out. This is what I did, unfortunately my right foot slipped into thigh deep water, whilst I still had my left leg in the kayak. My hands grabbed at a tree on the bank and I did the Viking dance of thanks for returning to land. With Gary laughing his head off, I eventually managed to get ashore without capsizing the kayak!



*Teewah Creek colours*



*Teewah Obstacle*



*Paddle sailing*



*Camp site 9 Tea*

Once we were within a km of our Camp, Ruth paddled like a mad woman to get away from us and return to sanity!!!! Yes it was good to get back get the chair out on the jetty and contemplate a great paddle and our surroundings, with a red wine and good companyPS. I have already booked Camp site 3 for next ANZAC Weekend. What new adventures will we have? Perhaps next year you will join us?

Richard



*Evening contemplations*

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## Clothing Orders

At the beginning of July, I am putting in an order for the warm winter coats and vests. I will be away for a few weeks, but will still take orders whilst away. Please contact me at [ruthhatcher@ozemail.com.au](mailto:ruthhatcher@ozemail.com.au) or post me an order with cheque if you are interested.

Waterproof Vests (black with gold inside): \$37.60

Polo Shirts, 2 colours, orange or gold: \$47.50 for long sleeves or \$42.90 for short sleeves.

Warm Winter Coat, short or long (black with gold furry inside): \$148.00 (Extra for name).



Regards,  
Ruth Hatcher  
3 Ardcarn Street,  
Bracken Ridge  
QLD 4017



# General Paddle Information

- All Paddles shown in the newsletter or amendments otherwise issued are sanctioned.
- All Paddles from Yundah St on Saturday are sanctioned.
- **All Tide times are Brisbane Bar and actual tide times at the start point will need to be *adjusted*.**
- All paddles start at **8am on the water** on Saturdays and Tuesdays unless otherwise specified.
- All paddles on Sunday have start time at the discretion of the leader.
- There are some sanctioned Paddles on Sunday from Yundah St ( Club members notified by E Mail )
- All Distances are return.
- All paddles are for everyone subject to self-assessment in accordance with the club paddle grading system.
- **Please contact the trip leader by phone the evening before the paddle to verify numbers or possible venue change.**
- If the trip leader is not available contact one of the paddle committee members.
- 'In House' training is peer supported training with experienced club members.
- We want to make paddling as interesting and enjoyable as possible, if you have any ideas for a paddle contact one of the paddle committee members.
- **The Sign on Sheet and Float Plan must also be completed:**  
It is a requirement for all Club Paddles into the Bay or open waters to complete a risk assessment (SCC Float Plan) prior to the paddle being started, assess the suitability of the paddle given the conditions, appoint the key roles of Team Leader and experienced paddlers, and ensure adequate equipment is being carried for the assessed conditions. **Available under the resources tab on the SCC website.**  
The sign on sheet must also be completed.  
The following link will take you to the relevant website page. [Resources Tab](#)
- **Race Training paddles** – most mornings – paddle from Yundah St. ( see racing paddlers for Details )  
Sandgate Handicap Time Trials Every 2<sup>nd</sup> Saturday  
Saturday of the month Doubles Handicap Time Trial approx. 11.5km  
Every 3<sup>rd</sup> Saturday of the month Single Handicap Time Trial approx. 11.5km  
Tide consideration is important.

## *DISCLAIMER:*

By its very nature sea kayaking is a dangerous sport. The obvious risks include exposure, fatigue, physical trauma and drowning.

You participate in these activities entirely at your own risk on the understanding that you are aware of these risks and voluntarily accept them and that you are also aware that no one is liable in negligence for any harm that you may suffer as a result of engaging in them.



*Presentations  
Wetlands Wander. 22 May 2016*

# Paddle Plan

June 2016

June 2016	Tide	Ubd	Venue/Event	Distance Km	Grade	Leader	Comments
Sat 4th	08.32 2.11H	111-F9	Yundah St	15	all	Decide amongst experienced paddlers	First of the month all at the creek <b><u>Beginners come and paddle in the Bay off Sandgate with the experienced sea kayakers.</u></b> Bring you spray deck. Sea Kayak/Tidemark/PFD
Tue 7th	11.05 1.94H	111-F9	Yundah St-Luggage Pt (Mouth of Brisbane river)	22	2	Maree Mills	
Sat 11th	08.36 0.66L	143-J16	Oyster Pt to St Helena A guided tour of State protected old Goal on St Helena	20	2	Selwyn Gray Register with Selwyn as limited Nos available	[off Glenora St WynnumNorth] Official tours with Parks and wildlife. Must have appropriate <b>footwear</b> for walking.
Tue 14th	11.09 0.62L	206-N16	Point Halloran – Dunwich	24	2	Janelle Ellwood	[opp. Orana St]
Sat 18th	07.51 1.89H	143-F1	Whyte Is–Green Is-St Helena via Mangrove pass-	20	2	Gary Bergman	[ off Port Dv. South side of boat passage]
Tue 21st	09.51 1.89H	185-P12	Masthead Dve,Raby Bay-Peel Is	24	2	Graham Bell	
Sat 25th	07.07 0.55L	141-E20	Northshore- Whyte Is	20	2	Bruce Pilcher	[Macarthur Ave.]
Tue 28th	09.45 0.48L	91-G17	Bells beach to Scarborough	20	2	Cheryl Christiansen	[Bells Beach opp. Maine Rd Clontarf]

July 2016

July 2016	Tide	Ubd	Venue/Event	Distance Km	Grade	Leader	Comments
Sat 2nd	07.22 1.96H	111-F9	Yundah St	15	all	Decide amongst experienced paddlers	First of the month all at the creek <b><u>Beginners come and paddle in the Bay off Sandgate with the experienced sea kayakers.</u></b> Bring you spray deck. Sea Kayak/Tidemark/PFD
Tue 5th	10.02 1.93H	52-P11	VMR Bribie to Mission Point	26	2	Gary Utz	[Marine Pde.]
Sat 9th	07.09 0.55L	91-F18	Pelican Pk to small Bch @ Scarborough	20	2	Lynne Dean	[opp Thomas St.]
Tue 12th	09.12 0.64L	206-R20	Victoria pt to Playpus Bay	22	2	Kaye Watson	[Colburn Av. Then left to VMR]
Sat 16th	06.32 0.49L	185-P12	Cleveland to Wellington Pt	26	2	Bruce Pilcher	[Masthead Drive]
Tue 19th	08.51 1.87H	206-R20	Victoria Pt to Erapah Ck	22	2	Janelle Ellwood	[Colburn Av. Then left to VMR]
Sat 23rd	06.07 0.41L	82-B12	Scarborough (Pirate Pk) to Scotts Point	18	2	John Taylor	[Car park off Kennedy Esp.]
Tue 26th	08.19 0.44L	63-C1	Bongaree to Skirmish Pt via Gilligan's Is	22	2	Maree Mills	[South Esp.]

July 2016	Tide	Ubd	Venue/Event	Distance Km	Grade	Leader	Comments
Sat 30th	06.10 1.80H	143- J16	Oyster Pt to Wellington Pt	22	2	Reg Bright	[off Glenora St Wynnum North ]

### August 2016

August 2016	Tide	Ubd	Venue/Event	Distance Km	Grade	Leader	Comments
Tue 2nd	09.02 1.89H	41- M17	Toorbul to Lime Pocket	25	2	Kaye Watson	[Esplanade & First Av.]
Sat 6th	11.42 1.92H	111- F9	Yundah St	15	all	Decide amongst experienced paddlers	First of the month all at the creek <b><u>Beginners come and paddle in the Bay off Sandgate with the experienced sea kayakers.</u></b> Bring you spray deck. Sea Kayak/Tidemark/PFD
Tue 9th	07.29 0.56L	41- M17	Toorbul to Bongaree	19	2	Cheryl Christensen	[Esplanade & First Av.]
Sat 13th	11.12 0.61L	308- E9	Jacob's Well to Tipplers	26	2	Bruce Pilcher	[Jacobs Well Rd.] North end of car park
Tue 16th	07.45 1.81H	143- F1	Whyte Is to St Helena and Green Is Via Mangroves	20	2	Maree Mills	[ off Port Dv. South side of boat passage]
Sat 20th	10.47 2.10H	82- B12	Scarborough (Pirate Pk) to Arthur Davis Pk Sandgate	28	2	Gary Bergman	[Car park off Kennedy Esp.]
Tue 23rd	07.03 0.34L	100 D6	Doyles Rocks to Petrie	20	2	Rob Nelson	[Doyles Rocks Rd]
Sat 27th	11.03 0.49L	143- J16	Oyster Pt to exposed eastern beach Mud Is	32	2	Selwyn Gray	[off Glenora St Wynnum North ]
Tue 30th	08.04 1.87H	41- C18	Meldale to Elimbah Ck	30	2	Janelle Ellwood	[Way St.]

### Using your mobile phone in an emergency

Dial **112** instead of 000. While you can still use 000, there are a number of advantages in using 112:

- ✓ your phone will connect to the nearest tower irrespective of who your supplier is
- ✓ you do not need to have credit on a pre-paid mobile, and
- ✓ your position may be able to be triangulated (depending on where you are).



## The box of really useful stuff

### Websites

Sandgate Canoe Club: <http://www.sandgate.canoe.org.au/>

SCC Documents: [Policies and Procedures](#)

Queensland Canoeing: <http://www.qld.canoe.org.au>

Australian Canoeing: <http://www.canoe.org.au>

Weather:

<http://www.seabreeze.com.au/graphs/qld.asp>

<http://www.bom.gov.au/jsp/marine/wind/index.jsp>

<http://www.willyweather.com.au/>

<http://www.windguru.com/>

Tides: <http://www.bom.gov.au/oceanography/tides/MAPS/qld.shtml>

[Queensland Tides Table:](#)

Beacon to Beacon:

<http://www.msq.qld.gov.au/Boating-maps/Moreton-Bay-guides.aspx>

## Acknowledgement

Sandgate Canoe Club would like to acknowledge and thank our Club Patron Councillor Jared Cassidy for his assistance in printing a number of copies of the newsletter for distribution to our members.

## Club Officials

Position	
Club Patron	Jared Cassidy
President	Christine Gissing
Vice President	John Blackley
General Secretary	Michael Locke
Treasurer	Richard Womack
Membership Registrar	Ian McDade
Management Committee Members	Melissa Bull, Paul Lange, Leighanne Exon
Basic skills co-ordinator	Margaret Micale
Basic Skills instructors	John Blackley, Janelle Ellwood, Graham Moorhead, Graham Bell. <b>Kayak Life Guards:</b> Selwyn Gray, Bill Young, Gary Utz, Bary Bergman, Lynn Dean, John Taylor, Mark Mustchin, Marco Pitot, Bruce Pilcher,
Paddle planning co-ordinator	Graham Moorhead
Paddle Planning Committee	Graham Bell, Cheryl Christensen, Janelle Ellwood, Selwyn Gray, Richard Womack
Club Coach	Lawrie Fagan
Assistant Coach	Melissa Bull
Racing Secretary	Paul Lange
Boat Booking Officer	Greg Litherland
Equipment Officer	Selwyn Gray
Equipment Maintenance	Paul Wilson
Newsletter editor	Andrew Contoleon
Website manager	Michelle Fraser
Librarian/Newsletter distribution	Cheryl Christensen
Grievance Officer	Selwyn Gray
Clothing Coordinator	Ruth Hatcher
Social Coordinator	Linda Parsons
Social Committee Members	John Blackley, Neville Holden, Wayne Lee, Bruce Pilcher, Ron Roberts
Delegate to QC	Bruce Pilcher
Returning Officer	Selwyn Gray
Life Members	Gary Hatcher, Lawrie Fagan, David Massam, Linda Parsons, Kay Smith, Jo Nott, Sue Gollagher, Bruce Pilcher

## SCC Library List (Contact Cheryl Christensen to borrow any of the below)

<b>Canoeing and Kayaking</b>
Path of the Paddle <i>Bill Mason</i>
An Introduction to Sea-kayaking in Queensland <i>Gerard Effeney</i>
Sea Kayaking <i>Johan Loots</i>
The Complete Book of Kayaking <i>Derek Hutchinson</i>
The Complete Sea Kayakers Handbook <i>Shelley Johnson</i>
Canoeing and Kayaking - Crowood Sports Guide <i>Marcus Bailie</i>
Teach Yourself Canoeing <i>Ray Row</i>
Canoeing Down Under <i>Terry Bolland</i>
Canoeing the Rivers and lakes of QLD and Northern Territory <i>McLaughlin</i>
Complete Sea kayaking Touring <i>Jonathan Hanson</i>
Keep Australia on Your Left <i>Eric Stiller</i>
The Dreamtime Voyage <i>Paul Caffryn</i>
Canoe Touring in Australia <i>Leigh Hemmings</i>
Places to Paddle <i>Gerard and Tina Efeney</i>
Extreme Kayaking <i>Soares &amp; Powers</i>
Fit to Paddle <i>Rocky Snyder</i>
<b>DVDs</b>
<b>Nigel Foster's Sea Kayaking Series</b>
1 Getting Started
2 Essential Strokes
3 Directional Control
4 Rescues
5 Forward paddling
6 Rolling and Bracing
Yoga for Paddlers <i>Andria Baldwin</i>
Sea Kayak Rescues <i>North Water</i>
This is the Roll <i>Justine Curgenvan et al</i>
This is the Sea <i>Justine Curgenvan et al</i>
<b>First Aid and Safety</b>

Safety Handbook - Qld Recreational Boating <i>Qld Transport</i>
Marine Operator's Handbook
Marine VHF Radio Operators Handbook
Sports Injuries and Stretches <i>Levy &amp; Fuerst</i>
Sports Injuries <i>Vivian Grisegono</i>
Canoeing Safety and Rescue <i>Doug Mckown</i>
Handbook of Safety <i>Alderson and Pardy</i>
Sea Kayak Rescue <i>Schuman &amp; Shrinen</i>
<b>Birds and Wildlife</b>
Australian Birds - The Slater Field Guide <i>Slater</i>
Field Guide to the Birds of Australia <i>Simpson &amp; Day</i>
Wild Guide to Moreton Bay <i>Qld Museum</i>
Wildlife of Greater Brisbane <i>Qld Museum</i>
Living with the Environment in the Pine Rivers Shire <i>Pine Rivers Shire Council</i>
Watching Wildlife Australia <i>Lonely Planet</i>
Down amongst the Mangroves <i>Susan Quinnell</i>
<b>Trees Plants and Wildflowers</b>
Australian Wildflowers -Field Guide <i>Denise Grieg</i>
Trees and Shrubs <i>Botanica Pocket</i>
Weeds of Queensland <i>Dept of Primary Industries</i>
Grow your own Wildlife <i>Johnston and Don</i>
Greening your own Australia <i>Johnston, Waring &amp; Gorrie</i>
Dinkum Gardening Creating a Bushland Garden in Brisbane <i>Tim Low</i>
Australian Rainforest Plants -I, II, IV V <i>N&amp;H Nicholson</i>
<b>Poetry</b>
Images of Bramble Bay <i>Joan's Desk Qld</i>

## Summary Results of Newsletter Survey.

### 1. Is the newsletter of value to you?

Not of value	Little Value	Some value	Good value	Great value
0%	4%	15%	40%	40%

There were 19 Comments  
 17 said it is of value  
 One uses Facebook

### 2. Newsletter format

Are you happy with the size of the newsletter?

Yes 89% No 11%

There were 14 Comments  
 6 thought it is too long  
 One thought links could be used.

Are you happy with the present format of articles and photos?

Yes 98% No 2% (Note 4 Non Answers)

There were 10 Comments  
 7 were happy  
 One thought some articles are lengthy. Some photos in some articles are illegible.  
 One thought the newsletter should be 4 pages and the long articles available on the web.  
 One thought members list included every second Month

### 3. Newsletter contents

Are you happy with the content of the newsletter?

Yes 96% No 4%

There were 10 Comments  
 9 were happy  
 One said too much information. One added some technical pieces were a bit long.

Would you be happy if some material (e.g. technical articles) was moved from the newsletter to a website, with a note and a link to the content remaining in the the newsletter?

Yes 67% No 32% (Note 7 Non Answers)

There were 20 comments  
 8 want them on Web. 6 Want them left in newsletter. Others were happy for somethings to go to web.

Would you be happy if the membership list and radio call sign list were removed from the newsletter and distributed separately?

Yes 46% No 54%

There were 21 Comments.  
 13 want them retained in newsletter. A few suggested using the Website.

### 4. How do you read the newsletter?

Electronically 83% Hard copy (printout) 17%

There were 6 comments. Five use printed copy. The one who reads a digital copy prints the paddle plan and membership list.

**5. How often would you like the newsletter to be published?**

**Monthly** 66% **Bi-monthly (every 2 months)** 34% **Quarterly (every 3 months)** 0%

A number of comments favour monthly unless workload is too much then go Bi monthly. Monthly better for staying in touch or current.

Bi-Monthly was tried but club went back to monthly as bimonthly did not meet needs

**6. Are there any additions or changes to the newsletter which you think would add value?**

Received many comments that said there were no additions or changes which would add value.

The suggested changes are:-

- More articles from Racers- maybe
- Rework front page
- Add Member profile so we can get to know each other better, People paddle at different times/days
- Add Joke, affirmation or kayaking tip for the month,
- Add Equipment reviews, Summary of trips to other places
- Reduce size and frequency

**7. Which of the club’s other communication tools do you use? Please tick**

	Often (more than once per week)	Sometimes (less than once per week)	Never	Responses
Website	17%	78%	7%	39
Facebook page	24%	38%	38%	37
Google Groups	42%	42%	16%	43

Comments were mixed. Almost nothing in common